



# Fort Worth OUTDOOR ITINERARY

Photo by Aspen Productions

Looking for adventure in whatever comes your way? Unleash your wild side in Fort Worth, where there is more than enough room to let your inner outdoorsman roam free. Offering a multitude of outdoor sports, from hiking and biking to wakeboarding and horseback riding, Fort Worth is THE place to plan your next vacation.



## DAY ONE

Take in the fresh air with a morning walk, run or bike ride along the **Trinity Trails**, offering over 40 miles of trails connected to 21 parks, downtown Fort Worth, the Stockyards National Historic District and more. If the water feels more like home, rent a canoe or kayak from **Backwoods Kayak & Canoe** or paddleboard from **Aloha Paddleboards** to practice the craft of SUP (Stand Up Paddle Board) Yoga.

After your senses have awoken, lace up the hiking boots and explore more than 20 miles of trails at the **Fort Worth Nature Center and Refuge**. Watch for deer, bison, armadillo and prairie dogs in the 3,600-acre center, one of the largest of its kind in the United States.

Jump back on the Trinity Trails and head for lunch at **Woodshed Smokehouse** whose outdoor patio offers a scenic view of the Trinity River and walk-up access. Afterwards, wander over to the **Fort Worth Cultural District** and visit the **Fort Worth Botanic Gardens**. Guests will enjoy the view of the oldest botanic garden in Texas, offering 109 acres and 23 specialty gardens that are home to more than 2,500 species of native and exotic plants.



Make your way downtown to explore **Sundance Square** via the **Fort Worth B-Cycle Program**, the first bike sharing system in North Texas. The program offers 300 specially designed Trek bicycles available for checkout from 30-plus docking stations located throughout the city. Later that evening, catch a flick on one of the three screens at **Coyote Drive-In**, or pull up a raft and enjoy a concert at **Panther Island Pavilion** – the only waterfront stage in Texas.

## DAY TWO

Stroll through the **Fort Worth Water Gardens**, located adjacent to the Fort Worth Convention Center in downtown, for a refreshing morning walk. This unique park spans over four acres and features three distinct pools: aerating, quiet and active. Afterwards, try your hand at wakeboarding at **Cowtown Wakepark**, a five-tower cable wakeboarding park in a 5-acre lake next to the Trinity River. Here, newbies are welcome and no boat or equipment is required.

Swing by the **Stockyards National Historic District** and refuel on anything from barbecue to authentic Mexican food.

After lunch, saddle up at the **Stockyards Stables** for horseback rides along the Trinity River. Prefer to tee off in a game of golf? Visit **Waterchase Golf Club**, a highly acclaimed public course with a Par 72 layout that's equipped to accommodate all skill levels, from beginner to pro. Perfect your swing at one of the country's top golf academies, **Jim McLean Golf School**, with a private lesson by a Lead Master Instructor, all of whom are hand selected by Mr. McLean himself.



Freshen up and head out to one of our many sporting events that take place year-round. Feel the wind in your hair at **Texas Motor Speedway** as NASCAR and Indy Car professionals race to the finish line three times a year: April, **Duck Commander 500 Weekend**; June, **Firestone 600 Weekend**; November, **AAA Texas 500 Tripleheader Weekend**.

Major League Baseball's American League **Texas Rangers** baseball runs February through September, leaving fans with ample time to catch a game. Located less than 20 minutes from downtown Fort Worth, **Globe Life Park** offers group tours and an array of Texas-sized food favorites. Stay in the city and spend the afternoon at **LaGrave Field** with the Fort Worth Cats, an independent minor league baseball team famous for hosting baseball legends.

Next door to Globe Life Park is the well-known **AT&T Stadium**, home to the **Dallas Cowboys**. Football fans congregate at the dazzling \$1.2 billion stadium – the world's largest domed stadium – to see America's Team play in eight regular NFL home games. Daily tours allow fans behind-the-scenes access and even test their arm throwing on the field.

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