

# TIBETAN INFLUENCE

**Max. Attendees:** 40  
**Activity level:** Easy  
**Transportation:** Motor Coach and Walking  
**Attire:** Attendees will be required to remove shoes at the interfaith temple and may want to wear socks.

**12:30pm** **Depart Bloomington Convention Center**  
Buses will meet in back of building and depart promptly at 12:30pm

**12:45pm** **TIBETAN MONGOLIAN BUDDHIST CULTURAL CENTER**  
**4:15pm** Bloomington, Indiana is home to the nation's only Tibetan Mongolian Buddhist Cultural Center (TMBCC). The TMBCC is a resource not only to those specifically interested in Tibetan and Buddhist culture and religion, but also to anyone looking for a unique cultural experience or a peaceful place to meditate.

The Center was founded in the late 1970's by Thubten Jigme Norbu, an Indiana University professor, who was the brother of the 14th Dalai Lama of Tibet. His purpose was to educate the public about the culture of Tibet and to support Tibetans in exile.

Your afternoon of enlightenment begins at the Tibetan Mongolian Buddhist Cultural Center, where you will enjoy an authentic Tibetan luncheon, prepared for you by monks living on site. After lunch you'll explore the 108 beautiful acres, learn about Tibet's struggle to maintain independence, experience a meditation session led by director, Arjia Rinpoche, and sit alongside resident monks as they perform prayer chants. For a unique Bloomington souvenir, browse their beautiful gift shop.

**4:30pm** **Return to hotel**  
Buses will drop off attendees at both Courtyard Marriott and Hyatt Place

