



**Imperial Society of Teachers of Dancing
Modern Theatre**

IMPERIAL SOCIETY OF TEACHERS OF DANCING

Modern Theatre Dance Faculty

SYLLABUS OUTLINE OF MODERN THEATRE DANCE EXAMINATIONS

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ISTD MODERN THEATRE DANCE EXAMINATIONS

PRIMARY CLASS EXAMINATION

INTRODUCTION

RATIONALE

The aim of Class Examination is to provide an assessment scheme for dance, which gives the basis for the measurement of the individual candidate's progress and development. There is one class examination in Modern Theatre Dance.

ENTRY CONDITIONS AND GENERAL INFORMATION

The Primary examination has no lower or upper age limit but is recommended for those from the age of five. Candidates should be entered in groups of 4, however 2 and 3 candidates are acceptable, and 1 candidate is possible to be entered if necessary.

Examinations are taken in the form of a class conducted by the teacher, who may not give personal correction, but can offer encouragement. Males and females can be examined together. Each child will receive an individual report and result which will reflect their own achievement gained. The teacher will conduct the examination and introduce each candidate by name to the examiner. The use of a Music Operator is now "Optional" giving teachers the flexibility to operate their music system in the Primary Class test if they so wish, rather than using a separate music operator.

TIME ALLOWANCES / NUMBER OF CANDIDATES

1 candidate	2 or 3 candidates	4 candidates
25minutes	30 minutes	30 minutes

SYLLABUS CONTENT

1 Preparatory

1.1 Warm -up - Walking, Running and Jumping - set exercise

2 Limbering

2.1 Foot exercise –The Pond - set exercise

2.3 Hand exercise - set exercise

2.3 Floor exercise - Make a Shape - set exercise

3 Arm Movements

3.1 Arm exercise - Catch and Throw - set exercise

4 Rhythm

4.1 Rhythmic Response - Fill the Gap - set exercise

5 Dance Movements

5.1 Galloping and Skipping - Burst the Balloon - set exercise

5.2 Bounces - set exercise

5.3 Balancing - set exercise

5.4 My Right and Left - set exercise

6 Set Amalgamation

6.1 My Body

7 Bow

ASSESSMENT

MARK SCHEME

Primary Class TECHNIQUE AND SYLLABUS KNOWLEDGE	
Title of component	Marks attainable
Response and knowledge of syllabus	20
Poise and stance	10
Body control and co-ordination	20
Timing and musical awareness	20
Expression and quality of movement	20
Set Amalgamation	10
Total	100

The Primary Class Examination is assessed externally by visiting examiners recruited and trained by the ISTD. The titles of the components and the marks attainable are detailed above. The overall mark is given out of 100 and the overall result is indicated as follows:

Grade	Marks
Distinction	80-100 marks
Merit	60-79 marks
Pass	40-59 marks
Not Attained	0-39 marks

ASSESSMENT GUIDANCE

Candidates are assessed on their ability to show:

- Technical accuracy with correct placement to the best of their physical facility.
- A sense of line and well coordinated movements.
- An assured performance showing the different qualities of movement required by each section of the examination structure.
- Musicality and rhythmic awareness.

JAZZ AWARDS

INTRODUCTION

RATIONALE

There are three jazz awards, Bronze, Silver and Gold designed to promote an appreciation and enjoyment of jazz dance, through both understanding and performance.

The syllabus seeks to develop the skill and understanding of modern jazz dance by developing the physical ability to communicate through movement in an expressive and artistic way.

The syllabus aims are set out below:

Teach correct posture

Develop the range of movement within the students' natural capabilities

Build a sound technique

Promote the understanding and use of dance terminology

Gain a good sense of line through body, legs, feet, arms and head

Understanding of rhythm

Appreciation of varying musical styles and their interpretation within the jazz idiom

Develop an awareness of the use of space

Awareness of audience and sense of performance

Encourage a sense of self-expression

Promote self-confidence in the performance of a solo

ENTRY CONDITIONS AND GENERAL INFORMATION

There is no lower or upper age limit.

TIME ALLOWANCES/NUMBER OF CANDIDATES - Bronze, Silver & Gold

1 or 2 Candidates	3 Candidates	4 Candidates
10 or 15 minutes	20 minutes	25 minutes

Although preferable, it is not compulsory that the Jazz Awards are taken in sequence

Music is the teacher's choice.

DRESS REQUIREMENTS

Candidates should wear leotard and tights or fitted, full length Jazz pants or dance shorts. Hair must be fixed away from the face.

Amalgamation D in both Bronze and Silver can be demonstrated wearing Jazz trainers, which may also be worn, if appropriate, in the dance.

SYLLABUS CONTENT

The syllabus is designed to be used by those who wish to study jazz dance for recreational purposes and to augment the training of the student who may wish to pursue a career in dance.

Each award consists of a warm-up, combination steps, set amalgamations and a dance arranged by the teacher, with the addition of an isolation sequence in the Gold award.

As there is no set music the student has the opportunity to perform to music that is appropriate in speed and is currently popular.

No free work will be given at any level.

Each examination is in two sections:

a) Technique

At all levels good posture and an awareness of the placement of limbs is expected, with the build up of the vocabulary of dance steps increasing at each level. At Bronze level a good, natural use of the head, arms and body is encouraged to create a clear sense of line, with the opportunity to develop this in subsequent levels to achieve a more sophisticated style. Good spatial awareness is encouraged at all times, with a developing use of pattern and direction.

b) Presentation

At Bronze level the candidate is expected to be able to interpret the music with a natural sense of enjoyment and an awareness of the audience. In Silver and Gold the student is given the opportunity to interpret a wider range of musical styles through both movement and expression. At each level the student will have gained the self-confidence required to perform solo, set amalgamations and a dance arranged by the teacher.

BRONZE

1. Warm Up
2. Combination Steps A and B
3. Teacher's choice of two out of the six amalgamations: A,B,C,D,E,F
4. Prepared Jazz Dance - not to exceed 1 min 15secs. No free work will be given.

SILVER

1. Warm Up
2. Combination Steps A and B
3. Teacher's choice of two out of the six amalgamations: A,B,C,D,E,F
4. Prepared Jazz Dance - not to exceed 1min 15secs. No free work will be given.

GOLD

1. Warm Up
2. Combination Steps A and B
3. Isolations
4. Teacher's choice of two out of the three amalgamations: 1, 2, or 3
5. Prepared Jazz Dance - not to exceed 1min 30secs.

ASSESSMENT

MARK SCHEME

TITLE OF COMPONENT	MARKS ATTAINABLE
TECHNIQUE AND SYLLABUS KNOWLEDGE	
Knowledge of syllabus	10
Jazz Technique	10
Line	10
Style	10
Timing and musicality	10
Use of space	10
Section Total	60
PRESENTATION	
Sense of performance	10
Amalgamation 1	10
Amalgamation 2	10
Jazz Routine	10
Section Total	40
Total	100

METHOD OF ASSESSMENT

The Jazz Awards are assessed externally by visiting examiners recruited and trained by the ISTD.

The titles of the components and the marks attainable are detailed above. The examinations are divided into Sections and each Section is composed of several components which are separately assessed and aggregated to give the Section total. Candidates must gain at least 25% of the marks attainable in each Section in order to pass the examination overall. In cases where 25% of the marks attainable does not come to a round figure, eg 12 1/2, the pass mark for the Section is lowered to the nearest round figure, in this example, 12.

The Section totals are aggregated and the overall mark is given out of 100. If all Sections are passed, then the overall result is indicated as follows:

Grade	Marks
Distinction	80-100 marks
Merit	60-79 marks
Pass	40-59 marks
Not Attained	0-39 marks

ASSESSMENT GUIDANCE

Candidates are assessed on their ability to show:

- Sense of performance which incorporates a suitable awareness of style and expression
- Use of space in relation to the dance area available
- A rhythmical awareness and a suitable interpretation of the musical qualities
- An understanding of the correct stance and placement with an application of jazz style

GRADED EXAMINATIONS IN DANCE

INTRODUCTION

RATIONALE

Modern Theatre Dance makes a distinctive contribution to the education of all students, through using movement, which is one of the fundamental modes of human expression. It offers a range of learning opportunities and enables participants to enjoy physical expression as well as develop intellectual sensibilities. As they work together in Modern Theatre Dance, candidates learn about co-operation and develop an understanding of the shaping of movement into artistic forms of expression.

Candidates develop the skill and understanding of Modern Theatre Dance, at the same time as building a sound technique, by developing the physical ability to communicate through movement in an expressive and artistic way.

A clearly defined structure allows learning to take place in the context of safe dance practice. The Graded Examinations build up progressively, ensuring that steps and skills learned at lower levels prepare for more complex movements as the candidate progresses.

Also, a range of transfers to other dance genres becomes possible as the candidate develops physically and learns common skills such as running, use of arms, posture, timing and rhythmic awareness. In this way, with additional teaching input, the candidate is able to develop a broad base of dancing skills. Following on from

the Graded Examinations, candidates may wish to progress to the Vocational Graded Examinations as preparation for employment as a professional dancer or as preparation for dance teaching qualifications. The Graded Examinations in Modern Theatre Dance also allow for those participating solely for recreational purposes to produce quality work in a safe dance context.

AIMS

The aim of Graded Examinations is to provide an assessment scheme for dance, which gives the basis for the measurement of the individual candidate's progress and development, whether the candidate is pursuing dance as a leisure activity or as preparation for a professional career as a dance teacher or performer. There are six practical examination grades, numbered from 1 to 6, in order to indicate the increasing order of difficulty (6 represents the highest level of attainment).

OBJECTIVES

The objectives of the Modern Theatre Dance graded examination syllabus are to:

- Teach correct posture
- Develop the range of movement within the students' natural capabilities
- Build a sound technique
- Promote the understanding and use of dance terminology
- Gain a good sense of self-expression
- Encourage creative movement
- Promote self-confidence in the performance of a solo

ENTRY CONDITIONS AND GENERAL INFORMATION

AGE LIMITS

There is a recommended minimum age of 6 years for Grade 1. This is to ensure that candidates are physically developed sufficiently to safely meet the demands of the syllabus.

PRIOR LEARNING

The Graded Examinations in Modern Theatre are intended to be taken consecutively and most candidates will wish to progress through them in sequence in order to develop and demonstrate the requisite skills. However, in cases where examinations are undertaken without success at the previous grade, the candidate needs to be at an appropriate level of physical and artistic development. Before a candidate enrolls in a class leading to a Graded Examination, teachers are under a particular duty, therefore, to assess the achievement of the candidate, particularly with regard to safe dance practice.

GENDER DISTINCTIONS

Grade 1 and 2: One or two male candidates may be entered with female candidates.

Grade 3 - 6: One male candidate may be entered with female candidates with an additional time allowance of 10 minutes. Two or more male candidates should be entered separately from female candidates.

The syllabus is suitable for both male and female candidates as it is designed to develop all -round strengths and abilities. There are some separate exercises for males and females that are intended to develop the differing physical strengths and capabilities to the advantage of the gender, and are not intended to limit opportunities for access. Such variations are designed within the context industry needs and in particular,

health and safety in dance. It is therefore advisable for candidates to follow the relevant syllabi where available.

TIME ALLOWANCES/NUMBER OF CANDIDATES

Candidates should be entered in fours where possible

	1 or 2 candidates	3 candidates	4 candidates
Grade 1	25 minutes	30 minutes	35 minutes
Grade 2	40 minutes	45 minutes	45 minutes
Grade 3	40 minutes	45 minutes	45 minutes
Grade 4	45 minutes	55 minutes	60 minutes
Grade 5	45 minutes	55 minutes	60 minutes
Grade 6	50 minutes	55 minutes	60 minutes

MUSICAL ACCOMPANIMENT

The official ISTD Modern Theatre Faculty set music should be used for these examinations unless otherwise stated in Grades 4 – 6 below. Any unset work given in examinations will be to music provided by the examiner. Teachers may use their own choice of music for dance solos.

A sound system capable of playing CDs or other digital audio equipment at a volume suitable for the venue should be provided. Music system operators must not be teachers, assistant teachers or other candidates in the session, or their parents, and should be seated at a discreet distance from the examiner.

DRESS REQUIREMENTS

Female: Tight-fitting leotards, tights, shorts tights or unitard

Male: Lycra shorts or straight-legged sports trousers with a tight-fitting leotard or t – shirt.

Candidates should work in bare feet whenever possible, soft -soled jazz shoes or foot thongs may be worn if necessary. Jazz trainers are not permissible. Knee pads should be worn for floor work.

Hair should be neat and securely held in place. Long hair should be tied back to allow a clear neck and head-line. Jewellery or body-piercings should not be worn. Make-up should only be worn where appropriate and should be very natural.

SYLLABUS CONTENT

GRADE 1

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

- 1.1 Warm-up - set exercise
- 1.2 Walking - natural walks on diagonal - set exercise

2 Limbering

- 2.1 Magic feet - set exercise
- 2.2 Leg stretching - set exercise
- 2.3 Squeeze and stretch - set exercise
- 2.4 The Puppet - set exercise

3 Arm Movements and Running

- 3.1 Arm swings - set exercise
- 3.2 Running - Females only - set exercise with teacher's choice of pattern

4 Rhythm

- 4.1 Clapping - 1234 & 5 --- (percussion instruments may be used instead of clapping) X2
- 4.2 Marking - mark 1234 clap & 5 --- X2 set exercise
- 4.3 Dance development - teacher's free arrangement of the rhythm using simple movement
- 4.4 Rhythmic response - practice exercise, not to be examined

5 Dance Movements

- 5.1 Skipping - continuously in a circle, square or diagonal pattern - set exercise
- 5.2 Galloping - set exercise
- 5.3 Bounces - set exercise
- 5.4 Running with action - set exercise with candidate's own interpretation

6 Set Amalgamations – To be performed as a solo

Teacher's choice of:

- 6.1 Jazz
- 6.2 Clown

7 Dance - To be performed as a solo

Teacher's arrangement - 16 bars or no more than 45 seconds of music

8 Bow

No unset work will be given in the examination

GRADE 2 FEMALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

- 1.1 Warm-up – set exercise

2 Limbering

- 2.2 Side stretch – set exercise
- 2.3 Forward stretch – set exercise
- 2.4 Foot exercise – set exercise
- 2.5 Abdominal exercise – set exercise
- 2.6 Front kicks – set exercise
- 2.7 Tendus – set exercise

3 Arm Movements

- 3.1 Females' arm exercise - set exercise

4 Rhythm

- 4.1 Clap and mark a 2 or 4 bar phrase of whole bars of whole, half, quarter and accented eighth notes, as given by the examiner, each phrase will be clapped twice then marked twice
- 4.2 Set rhythm - 1 & 2 3 & 4 5 6 7_ Rhythm to be clapped **without music**
- 4.3 Dance development - teacher's own arrangement of the set rhythm using simple movement, twice through, i.e. 4 bars
- 4.4 A Rhythmic response - practice exercise, not to be examined

5 Dance Movements

- 5.1 Females' walks - set exercise
- 5.2 Step ball change - set exercise
- 5.3 Females' bounces - set exercise
- 5.4 Split runs - set exercise
- 5.5 Turns - Practice exercise, not to be examined
- 5.6 Turns - set exercise

5.7 Combination steps A B C (teachers choice) - candidates must show 2 out of 3 combination steps, danced consecutively on one side only

5.8 Preparation front kicks - practice exercise not to be examined

6 Set Amalgamations - To be performed as a solo

Teacher's choice of

6.1 Jazz

6.2 Lyrical

7 Dance - To be performed as a solo

Teacher's arrangement - 16 bars or not more than 45 seconds of music

8 Bow

No unset work will be given in the examination

GRADE 2 MALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

1.1 Warm-up - set exercise

2 Limbering

2.2 Side stretch - set exercise

2.3 Forward stretch - set exercise

2.4 Foot exercise - set exercise

2.5 Abdominal exercise - set exercise

2.6 Front kicks - set exercise

2.7 Tendus

3 Arm Movements

3.1 Males' arm exercise - set exercise

4 Rhythm

4.1 Clap and mark a 2 or 4 bar phrase of whole bars of whole, half, quarter and accented eighth notes, as given by the examiner, each phrase will be clapped twice then marked twice

4.2 Set rhythm - 1 & 2 3 & 4 5 6 7_ Rhythm to be clapped **without music**

4.3 Dance development - teacher's own arrangement of the set rhythm using simple movement twice through i.e. 4 bars

4.4 Rhythmic response - practice exercise, not to be examined

5 Dance Movements

5.1 Males' walks - set exercise

5.2 Step ball change - set exercise

5.3 Males' bounces - set exercise

5.4 Split runs - set exercise

5.5 Turns - Practice exercise, not to be examined

5.6 Turns - set exercise

5.7 Combination steps A B C D - candidates must show either A, B, or C combination steps (teacher's choice), plus combination step D, danced consecutively, on one side only.

5.8 Preparation front kicks - practice exercise not to be examined

6 Set Amalgamations - To be performed as a solo

Teacher's choice of:

6.1 Jazz

- 6.2 Strongman
- 6.3 The Round-up
- 6.4 Lyrical

7 Dance - To be performed as a solo

Teacher's arrangement - 16 bars or not more than 45 seconds of music

8 Bow

No free work will be given in the examination

GRADE 3 FEMALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

- 1.1 Warm-up Females - set exercise

2 Limbering

- 2.2 Side stretch Females - set exercise
- 2.3 Forward stretch - set exercise
- 2.4 Abdominal exercise - set exercise
- 2.5 Leg stretching and front kicks - set exercise
- 2.6 Side kicks - set exercise
- 2.7 Tendus - set exercise

3 Arm Movements

- 3.3 Females' arm exercise - set exercise

4 Isolations

- 4.1 Set exercise

5 Rhythm

5.1 Clap and mark a 2 or 4 bar phrase of whole, half, quarter, accented and even eighth notes, as given by the examiner, each phrase to be clapped twice then marked twice

- 5.2 Set rhythm 123&4567 &8123&45_&7_ Rhythm to be clapped **without music**

5.3 Dance development - teacher's own arrangement of the set rhythm using simple movement twice through, i.e. 8 bars

6 Dance Movements

- 6.1 Triple runs - set exercise
- 6.2 Females' turns - set exercise
- 6.3 Foot warm -up - set exercise
- 6.4 Females' split runs - set exercise
- 6.5 Combination steps A B C (teacher's choice) Candidates must show 2 out of 3 combination steps

danced consecutively on one side only. **Teachers may use free or set music for the combination steps in the examination.**

7 Set Amalgamations - To be performed as a solo

Teacher's choice of

- 7.1 Jazz
- 7.2 Lyrical

8 Dance - To be performed as a solo

Teacher's own arrangement - 32 bars or no more than 1 minute of music

9 Bow

No unset work will be given in the examination

Step vocabulary - for teacher's use in class amalgamations: Triple runs, jazz pas de bourrée, split jump, step and front kick, front and side, step ball change, step turn at high or low level, split runs, front and side flick kicks

GRADE 3 MALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

1.1 Warm-up Males - set exercise

2 Limbering

- 2.1 Side stretch Males - set exercise
- 2.2 Forward stretch - set exercise
- 2.3 Abdominal exercise - set exercise
- 2.4 Leg stretching and front kicks - set exercise
- 2.5 Press -ups - set exercise
- 2.6 Tendus - set exercise

3 Arm Movements

3.1 Males' arm exercise - set exercise

4 Isolations

4.1 Set exercise

5 Rhythm

5.1 Clap and mark a 2 or 4 bar phrase of whole, half, quarter, accented and even eighth notes, as given by the examiner, each phrase to be clapped twice then marked twice

5.2 Set rhythm 123&4567 &8123&45_&7_ Rhythm to be clapped **without music**

5.3 Dance development - teacher's own arrangement of the set rhythm using simple twice through, i.e. 8 bars

6 Dance Movements

- 6.1 Triple runs - set exercise
- 6.2 Males' turns - set exercise
- 6.3 Foot warm -up - set exercise
- 6.4 Males' split runs - set exercise
- 6.5 Combination steps A B C D. Candidates must show either A,B or C combination steps plus combination step D, danced consecutively on one side only. **Teachers may use free or set music for the combination steps in the examination.**
- 6.6 Males forward roll-overs (optional). If shown a mat should be used

7 Set Amalgamations - To be performed as a solo

Teacher's choice of:

- 7.1 Jazz
- 7.2 The Search
- 7.3 Lyrical

8 Dance - To be performed as a solo

9 Bow

No free work will be given in the examination

Step vocabulary - for teacher's use in class amalgamations: Triple runs, jazz pas de bourrée, split jump, step and front kick, front and side step ball change, step turn at high or low level, split runs, front and side flick kicks

GRADE 4 FEMALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

1.1 Warm up - set exercise

2 Limbering

- 2.2 Forward and side stretch - set exercise
- 2.3 Spine loosening and abdominal exercise - set exercise
- 2.4 Front and side kicks - set exercise
- 2.5 Hip loosening exercise - set exercise
- 2.6 Tendus - set exercise

3 Arm Exercises

3.1 Females' arm exercise - set exercise

4 Isolations

4.1 Set exercise

5 Rhythm

- 5.1 Candidates will be given a two bar phrase of 4/4 by the examiner to clap and mark. This may include 12th notes and missed beats. The phrase will be clapped twice and marked twice.
- 5.2 Set rhythm -1_34_678,_2&34&567_
Candidates will be expected to clap the set rhythm **without music**
- 5.3 Dance development - teacher's own arrangement of the set rhythm twice through, i.e. 8 bars

6 Dance Movements

- 6.1 Females' turns - set exercise
- 6.2 Males' turns - set exercise (alternative choice for Females)
- 6.3 Kicks - set exercise
- 6.4 Foot warm up - set exercise
- 6.5 Split runs - set exercise
- 6.6 Combination steps -A B C -candidates must show 2 out of the 3 combination steps, danced consecutively. **Teachers may use free or set music for the combination steps in the examination.**

7 Set Amalgamations - To be performed as a solo

Teacher's choice of:

- 7.1 Jazz
- 7.2 Lyrical. It is recommended that teachers use The Corrs 'Runaway', which may need to be slowed down, but teachers may use any free or original music in the examination
- 7.3 Musical Theatre (optional)

8 Dance - To be performed as a solo

Teacher's arrangement - not to exceed 1 min 30 secs.

9 Bow

No free work will be given in the examination

GRADE 4 MALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

1.1 Warm up - set exercise

2 Limbering

- 2.1 Forward and side stretch - set exercise
- 2.2 Spine loosening and abdominal exercise - set exercise
- 2.3 Front and side kicks - not shown in the exam
- 2.4 Hip loosening exercise - set exercise
- 2.5 Push aways - set exercise
- 2.6 Males' floor sequence - set exercise
- 2.7 Tendus - set exercise

3 Arm Exercises

3.1 Males' arm exercise - set exercise

4 Isolations

4.1 Set exercise

5 Rhythm

- 5.1 Candidates will be given a two bar phrase of 4/4 by the examiner to clap and mark. This may include 12th notes and missed beats. The phrase will be clapped twice and marked twice.
- 5.2 Set rhythm -1_34_678,_2&34&567_ Candidates will be expected to clap set rhythm **without music**
- 5.3 Dance development - teacher's own arrangement of the set rhythm twice through, i.e. 8 bars

6 Dance Movements

- 6.1 Males' turns - set exercise
- 6.2 Kicks - set exercise
- 6.3 Foot warm up - set exercise
- 6.4 Split runs - set exercise
- 6.5 Combination steps - A B C D candidates must show either A, B or C combination steps, plus combination step D, danced consecutively on one side only. **Teachers may use free or set music for the combination steps in the examination.**

7 Set Amalgamations - To be performed as a solo

Teacher's choice of one of the following:

- 7.1 Jazz
- 7.2 The Rainforest
- 7.3 Lyrical. It is recommended that teachers use The Corrs 'Runaway', which may need to be slowed down, but teachers may use any free or original music in the examination
- 7.4 Musical Theatre (optional)

8 Dance - To be performed as a solo

Teachers own arrangement - not to exceed 1 minute 30 seconds.

9 Bow

No free work will be given in the examination

GRADE 5 FEMALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

1.1 Warm up - set exercise

2 Limbering

2.1 Sequence of stretches - set exercise

2.2 Floor limbering – females’ set exercise

2.3 Tendus - set exercise

3 Arm Exercises

3.1 Females' arm exercise - set exercise

4 Isolations

4.1 Set exercise

Teachers may use free or set music for this exercise in the examination

5 Improvisation

5.1 Candidates will improvise to a piece of music supplied by the examiner for no more than 1 minute and in a group. The music will be played twice to the candidates before they are required to improvise.

6 Dance Movements

6.1 Sequence of walks - set exercise

6.2 Turns - set exercise

6.3 Kicks - set exercise

6.4 Foot warm up - set exercise

6.5 An unset sequence as given by the examiner

The following dance vocabulary should be prepared by the teacher in individual, repetitive, travelling sequences. It will then be used in an unset sequence arranged by the examiner. Unset music will be supplied by the examiner.

- a. Drag runs forwards and sideways
- b. Step and sideways split run
- c. Step and forward split run
- d. Circular spring, no body line
- e. Accented hop
- f. Step and coupe turn with extended leg

7 Set Amalgamations - To be performed as a solo

Teacher's choice of one of the following:

7.1 Jazz

7.2 Lyrical - It is recommended that teachers use Anastasia ‘Freak of Nature’, or ‘Goodbye’ but teachers may use original or set music

7.3 Musical Theatre (optional)

8 Dance arrangement - To be performed as a solo

Teachers own arrangement - not to exceed 1 minute 30 seconds.

9 Bow

GRADE 5 MALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

- 1.1 Warm up - set exercise

2 Limbering

- 2.1 Sequence of stretches - set exercise
- 2.2 Floor limbering – males' set exercise
- 2.3 Preparation for falls - set exercise
- 2.4 Tendus - set exercise

3 Arm Exercises

- 3.1 Males' arm exercise - set exercise

4 Isolations

- 4.1 Isolations - set exercise

Teachers may use free or set music for this exercise in the examination

5 Improvisation

- 5.1 Candidates will improvise to a piece of music supplied by the examiner for no more than 1 minute and in a group. The music will be played twice to the candidates before they are required to improvise.

6 Dance Movements

- 6.1 Turns - set exercise
- 6.2 Kicks - set exercise
- 6.3 Foot warm up - set exercise
- 6.4 An unset sequence arranged by the examiner

The following dance vocabulary should be prepared by the teacher in individual, repetitive, travelling sequences. It will then be used in an unset sequence arranged by the examiner. Unset music will be supplied by the examiner.

- a. Drag runs forwards and sideways
- b. Step and sideways split run
- c. Step and forward split run
- d. Circular spring, no body line
- e. Accented hop
- f. Step and coupé turn with extended leg

7 Set Amalgamations - To be performed as a solo

Teacher's choice of one of the following:

- 7.1 Jazz
- 7.2. The Tip Off – teachers may use the original or set music
- 7.3 Lyrical - It is recommended that teachers use Anastasia 'Freak of Nature', or 'Goodbye' but teachers may use original or set music
- 7.4 Musical Theatre (optional)

8 Dance arrangement - To be performed as a solo

Teachers own arrangement not to exceed 1 minute 30 seconds.

9 Bow

GRADE 6 FEMALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

1.1 Warm up - set exercise

2 Limbering

2.1 Core strengthening- set exercise

2.2 Back loosening and falls - set exercise

2.3 Females' floor sequence - set exercise Teachers may use the original or set music

2.4 Tendus - set exercise

3 Arm Exercises

Teacher's choice of one of the following:

3.1 Lyrical arm exercise - set exercise

3.2 Jazz arm exercise - set exercise

Teachers may use free or set music for this exercise in the examination

4 Isolations

4.1 Set Exercise

5 Improvisation

5.1 Candidates will improvise to a piece of music supplied by the examiner for no more than 1 minute and in a group. The music will be played twice to the candidates before they are required to improvise.

6 Dance Movements

6.1 Breathe and release - set exercise

6.2 Turns - set exercise

6.3 Kicks - set exercise

6.4 Foot warm up - set exercise

6.5 An unset sequence as given by the examiner

The following dance vocabulary should be prepared by the teacher in individual, repetitive, travelling sequences. It will then be used in an unset sequence arranged by the examiner. Unset music will be supplied by the examiner.

- a. Step and retiré with body line, parallel or turned out, with fondu
- b. Tilts
- c. Extended spring sideways, with no body line
- d. Accented hop with varying leg line
- e. Accented hop with half turn and varying leg lines
- f. Forward leap

Step vocabulary from Grade 5 can be used in unset work in Grade 6

7 Set Amalgamations - To be performed as a solo

Teacher's choice of one of the following:

7.1 Females' Jazz Teachers may use the original or set music

7.2 Lyrical

7.3 Musical Theatre (optional)

8 Dance arrangement - To be performed as a solo

Teachers own arrangement -not to exceed 1 min 30 seconds.

9 Bow

GRADE 6 MALE

Candidates should be prepared to demonstrate any exercise individually.

1 Preparatory

- 1.1 Warm up - set exercise

2 Limbering

- 2.1 Core strengthening - set exercise
- 2.2 Knee rolls - set exercise
- 2.3 Knee drop - set exercise
- 2.4 Males' floor sequence - set exercise
- 2.5 Tendus - set exercise

3 Arm Exercises

- 3.1 Jazz arm exercise - set exercise

Teachers may use free or set music for this exercise in the examination

4 Isolations

- 4.1 Set exercise
- 4.2 Improvisation

Candidates will improvise to a piece of music supplied by the examiner for no more than 1 minute and in a group. The music will be played twice to the candidates before they are required to improvise.

5 Dance Movements

- 5.1 Turns - set exercise
- 5.2 Kicks - set exercise
- 5.3 Foot warm-up - set exercise
- 5.4. An unset sequence arranged by the examiner

The following dance vocabulary should be prepared by the teacher in individual, repetitive, travelling sequences. It will then be used in an unset sequence arranged by the examiner. Unset music will be supplied by the examiner.

- a. Step and retiré with body line, parallel or turned out, with fondu
- b. Tilts
- c. Extended spring sideways, with no body line
- d. Accented hop with varying leg line
- e. Accented hop with half turn and varying leg lines
- f. Forward leap

Step vocabulary from Grade 5 can be used in unset work in Grade 6

6 Set Amalgamations - To be performed as a solo

- 6.1 Males' Jazz – teachers may use set or suggested music
- 6.2 Females Jazz (optional)
- 6.3 Lyrical
- 6.4 Musical Theatre

7 Dance arrangement - To be performed as a solo

Teacher's own arrangement - not to exceed 1 minute 30 seconds.

8 Bow

ASSESSMENT

MARK SCHEME - GRADES 1 & 2

TITLE OF COMPONENT	MARKS ATTAINABLE
TECHNIQUE	
Poise and stance	10
Body control and co-ordination	10
Line and precision of movement	10
Use of space	10
Section Total	40
RHYTHM	
Rhythm	10
Quality of movement & musical interpretation	10
Section Total	20
PRESENTATION, RESPONSE AND SYLLABUS KNOWLEDGE	
Response and knowledge of syllabus	10
Sense of performance	10
Set Amalgamation	10
Dance	10
Section Total	40
Total	100

GRADES 3, 4, 5 & 6

TITLE OF COMPONENT	MARKS ATTAINABLE
TECHNIQUE	
Posture	10
Limbering	10
Line and style	10
Dance movements	10
Section Total	40
RHYTHM	
Rhythm	10
Quality of movement & musical interpretation	10
Section Total	20
PRESENTATION, RESPONSE AND KNOWLEDGE	
Response and knowledge of syllabus	10
Sense of performance	10
Set Amalgamation	10
Dance	10
Section Total	40
Total	100

METHOD OF ASSESSMENT

Graded Examinations are assessed externally by visiting examiners recruited and trained by the ISTD.

The examinations are divided into Sections and each Section is composed of several components which are separately assessed and aggregated to give the Section total.

Candidates must gain at least 25% of the marks attainable in each Section in order to pass the examination overall. In cases where 25% of the marks attainable does not come to a round figure, eg 12½, the pass mark for the Sections is lowered to the nearest round figure, in this example, 12.

The Section totals are aggregated and the overall mark is given out of 100. If all Sections are passed, then the overall result is indicated as follows:

Grade	Marks
Distinction	80-100 marks
Merit	60-79 marks
Pass	40-59 marks
Not Attained	00-39 marks

However, if the candidate is unsuccessful in one or more Sections, as explained above, the total mark given out of 100 will not correspond to the result indicators in the chart. In this circumstance, whatever the overall numerical mark may be, the result given will be Not Attained.

CLASSIFICATION OF RESULTS

The principle of best fit is applied in deciding the appropriate classification for each candidate. It is not to be expected that a candidate in a particular category will necessarily demonstrate all of the characteristics listed in that category.

A candidate who achieves a '**Distinction**' classification (80-100 marks) is one who demonstrates the following attributes in performance:

- flair, vitality, and skill
- fully appropriate style
- incisively focussed dancing
- precision in the technique of the genre
- consistent, highly developed musicality
- confident and accurate responses to questions asked and/or tasks set

A candidate who achieves a '**Merit**' classification (60-79 marks) is one who demonstrates the following attributes in performance:

- skill and proficiency
- largely appropriate style
- focussed dancing
- competence in the technique of the genre
- evidence of developing musicality
- relevant and appropriate responses to questions asked and/or tasks set

A candidate who achieves a '**Pass**' classification (40-59 marks) is one who demonstrates the following attributes in performance:

- competence
- basic ability to carry out the required movements
- periodic moments of convincing focus
- basic competence in most aspects of the technique of the genre
- basic musicality
- broadly relevant and appropriate response to questions asked and/or tasks set, but some prompting may be required

A candidate who achieves an insufficient level of achievement '**Not Attained**' classification (00-39 marks) is one who has not yet demonstrated attributes required to gain at least a 'Pass' classification

ASSESSMENT GUIDANCE

Candidates are assessed on their ability to show

- technical accuracy with correct placement to the best of their physical facility
- appropriate use of limbs showing an understanding of the purpose or significance of each movement or sequence of movements
- a sense of line and well co-ordinated movements
- an assured performance showing the different qualities of movement required by each section of the examination structure
- musicality and rhythmic awareness

VOCATIONAL GRADED EXAMINATIONS IN DANCE

INTRODUCTION

RATIONALE

The Vocational Graded Examinations in Modern Theatre, from Intermediate Foundation through to Advanced 2, develop the candidate's expertise in such a way as to provide the basis for either professional employment as a dancer or further training as a dance teacher.

Throughout the study of the syllabus, candidates are following a vocational path, requiring a high level of commitment and with an increasing emphasis on safe dance practice. Successful candidates at this level should show virtuosity in performance, a high standard of technique and a sound knowledge and understanding of the Modern Theatre genre, including an understanding of reference and context. Candidates undertaking a study of the Modern Theatre Vocational Graded syllabus should also typically display a sense of self-awareness and be self-motivated in terms of their personal development. As distinct from the General Graded examinations, a greater degree of personal interpretation is encouraged and the candidate is expected to show the potential to communicate effectively with an audience.

Candidates will need to show the qualities of professionalism, commitment and focus, with the ability to manage a greater workload than that required for the General Graded examinations. This would typically result in a successful candidate spending significant additional time each week in lessons, in practising and in studying independently. The Vocational Graded examinations are concerned specifically with the mastery of technique and underpinning understanding, to a level sufficient to prepare candidates for further vocational training and match current expectations in the employment sector.

The Vocational Graded Examinations are regulated qualifications on the Regulated Qualifications Framework. Intermediate Foundation is located at Level 2; Intermediate is located at Level 3; and Advanced 1 and Advanced 2 are located at Level 4.

AIM

The aim of the ISTD Vocational Graded Examinations in Modern Theatre Dance is to provide an assessment scheme, which gives the basis for the measurement of the individual candidate's progress and development, in preparing to be a professional dance performer or teacher. There are four practical examinations graded to measure appropriate stages of development from a general standard of Modern Theatre Dance education to that of professional competence and readiness.

OBJECTIVES

The syllabus objectives of the Modern Theatre Dance Vocational Graded Examinations are to:

- teach correct posture
- develop the range of movement within the students' natural capabilities
- gain a comprehensive technique
- promote the understanding and use of appropriate dance terminology
- develop a strong sense of line through body, arms and head
- understand rhythm, its development and application in dance
- appreciate varying music styles and their interpretation through movement
- develop an acute spatial awareness
- develop an awareness of audience and a sophisticated sense of performance
- encourage and develop a sense of self-expression
- encourage creative use of movement
- promote self-confidence in the performance of a solo

ENTRY CONDITIONS AND GENERAL INFORMATION

AGE LIMITS

There is a recommended minimum age of 13 years for Intermediate Foundation and for Intermediate. This is to ensure that they are physically developed sufficiently to safely meet the demands of the syllabus.

PRIOR LEARNING

There are no prior examination requirements for Intermediate Foundation and Intermediate. However, candidates will need to have knowledge of the content of the ISTD Modern Theatre Grades. Candidates wishing to enter for the Advanced 1 must have passed Intermediate and for Advanced 2 must have passed Advanced 1.

Exemption from the Intermediate and Advanced 1 examinations may be obtained if the candidate is a student who already holds an equivalent genre Intermediate or Advanced 1 certificate of an Ofqual approved dance awarding body. Application for exemption must be made in writing to the UK Examinations department.

GENDER DISTINCTIONS

The syllabus is suitable for both male and female candidates as it is designed to develop all -round strengths and abilities. There are some separate exercises for males and females that are intended to develop the differing physical strengths and capabilities **to the advantage of** the gender, and are not intended to limit opportunities for access. Such variations are designed **within the context industry needs and in particular, health and safety in dance. It is therefore advisable for candidates to follow the relevant syllabi where available.**

TIME ALLOWANCES/NUMBER OF CANDIDATES Examination	1 candidate	2 candidates	3 candidates
Intermediate Foundation and Intermediate	60 minutes	60 minutes	75 minutes
Advanced 1	75 minutes	75 minutes	90 minutes
Advanced 2	75 minutes	90 minutes	90 minutes

MUSICAL ACCOMPANIMENT

The official ISTD Modern Theatre Faculty set music should be used for these examinations unless otherwise stated, although recommended music lists for Advanced 1 and Advanced 2 are available from the faculty, and any unset work given in examinations will be to music provided by the examiner. Teachers may use their own choice of music for dance solos. Care should be taken to match the tempo and style of music as artistically as possible.

A sound system capable of playing CDs or other digital audio equipment at a volume suitable for the venue should be provided. Music system operators must not be teachers or assistant teachers, or another candidate in the session, and should be seated at a discreet distance from the examiner.

DRESS REQUIREMENTS

Female:

Tight -fitting leotards and tights, or unitard

Male:

As above or Lycra shorts or straight -legged sports trousers with a tight -fitting leotard or t -shirt, knee pads should be worn for floor work.

Candidates should work in bare feet whenever possible, soft -soled jazz shoes or foot thongs may be worn if necessary. Jazz trainers are not permissible except when required for a Set Amalgamation or in the prepared dance/s. Hair should be neat and securely held in place. Long hair should be tied back to allow a clear neck and headline. Jewellery or body -piercing should not be worn.

SYLLABUS CONTENT

INTERMEDIATE FOUNDATION FEMALE

1 Limbering

- 1.1 Warm-up - set exercise
- 1.2 Basic stretches - set exercise
- 1.3 Foot control - set exercise

2 Floor Work

- 2.1 Contraction and abdominal exercise - set exercise
- 2.2 Leg stretching - set exercise
- 2.3 Floor sequence - set exercise

3 Isolations

- 3.1 Sequence A without use of arms - set exercise
- 3.2 Sequence B with use of arms - set exercise

4 Arms

- 4.1 3/4 time with Jazz section - set exercise

5 Rhythms

- 5.1 Teacher's choice of A or B. Candidates must clap, and show prepared development of the chosen rhythm
 - a. 5/4 1& -&345, 1&23&45, 1& -&345, 1_4&5
 - b. 3/4 123, 1&a23, 1& -&3, 1_
- 5.2 Unset rhythm, given by the examiner, not to exceed 2 bars of 4/4, to slow or quick tempo using note values up to and including 12ths and missed beats. Candidates will be expected to clap, mark and develop with travelling steps, forward on the diagonal.

6 Combination Steps

Teachers may use free or set music in the examination

- 6.1 Jump warm up - set exercise
- 6.2 Drag turns - set exercise
- 6.3 Travelling jump - set exercise
- 6.4 Circular spring - set exercise
- 6.5 Jazz change of weight - set exercise
- 6.6 Kicks - set exercise

7 Amalgamations

Teacher's choice of:

- 7.1 Lyrical - set exercise or
- 7.2 Jazz - set exercise

- 7.3 Unset amalgamations to be given by the examiner

8 Dance

Teacher's arrangement, not to exceed 1min 30 seconds

9 Bow

INTERMEDIATE FOUNDATION DANCE MOVEMENT VOCABULARY

Walks and Runs

- Circular walk
- Triple run

Drag run
Jazz change of weight
Jazz pas de bourrée, travelling, turning and on the spot

Turns

Drag turns front and back
Travelling jump with turn
Jazz pirouette at low level
Twist turn
Swivel turn

Kicks

Front kick with bent knee, straight or bent supporting leg, on flat or rise

Steps of Elevation

Travelling jump
Extended spring sideways
Accented hops
Circular spring
Forward leap

INTERMEDIATE FOUNDATION MALE

Normally males must be entered separately from female candidates.
Candidates should be prepared to demonstrate any exercise individually.

1 Limbering

- 1.1 Warm-up - set exercise
- 1.2 Basic stretches - set exercise
- 1.3 Foot control - set exercise

2 Floor Work

- 2.1 Contraction and abdominal exercise - set exercise
- 2.2 Leg stretching - set exercise
- 2.3 Floor sequence - set exercise

3 Isolations

- 3.1 Sequence A without use of arms - set exercise
- 3.2 Sequence B with use of arms - set exercise

4 Arms

- 4.1 3/4 time with Jazz section - set exercise

5 Rhythms

5.1 Teacher's choice of A or B Candidates must clap, and show prepared development of the chosen rhythm

- a. 5/4 1&_&3&4, 1&2&3&4&5, 1&_&3&4&5, 1_4&5
- b. 3/4 123, 1&a23, 1&-&3, 1_

5.2 Unset rhythm, given by the examiner, not to exceed 2 bars of 4/4, to slow or quick tempo using note values up to and including 12ths and missed beats. Candidates will be expected to clap, mark and develop with travelling steps, forward on the diagonal.

6 Combination Steps

Teachers may use free or set music in the examination

- 6.1 Jump warm up - set exercise
- 6.2 Drag turns - set exercise
- 6.3 Travelling jump - set exercise
- 6.4 Circular spring - set exercise
- 6.5 Jazz change of weight - set exercise
- 6.6 Elevated sequence - set exercise

7 Amalgamations

- 7.1 Jazz - set exercise
- 7.2 Unset amalgamations to be given by the examiner - free music provided by the examiner

8 Dance

Teacher's arrangement, not to exceed 1min 30 seconds.

9 Bow

INTERMEDIATE FOUNDATION - MALES - DANCE MOVEMENT VOCABULARY

Walks and Runs

- Circular walk
- Triple run
- Drag run
- Jazz change of weight
- Jazz pas de bourrée, travelling, turning and on the spot

Turns

- Drag turns front and back
- Travelling jump with turn
- Jazz pirouette at low level
- Twist turn Swivel turn

Kicks

- Front kick with bent knee, straight or bent supporting leg, on flat or rise

Steps of Elevation

- Travelling jump
- Extended spring sideways
- Accented hops
- Circular spring
- Forward leap

INTERMEDIATE – FEMALE

Normally male candidates must be entered separately from female candidates. However, if there is one student remaining of either gender, on any one examination session, males and females will be allowed to enter together.

Please note that 15 minutes will need to be added to the timetable to allow for individual exercises.

Candidates should be prepared to demonstrate any exercise individually.

1 Limbering

- 1.1 Warm up - teacher's arrangement to unset music, not to exceed 2 minutes

- 1.2 Forward stretch - set exercise
- 1.3 Side stretch - set exercise
- 1.4 Pliés - set exercise
- 1.5 Foot exercise - set exercise

2 Floor Work

- 2.1 Contraction exercise - set exercise
- 2.2 Abdominal exercise - set exercise
- 2.3 Leg stretching - set exercise
- 2.4 Side and round kicks - set exercise

3 Barre Work

- 3.1. Figure of 8 leg swings - set exercise
- 3.2 Back exercise - set exercise

4 Isolations

- a. Set exercise (Females)
- b. Free arrangement to be prepared by teacher or candidate using the set music or their choice of unset music, 8 bars, one side only

5 Centre Work

- 5.1 Weight transference - set exercise

6 Arms

- 6.1 Lyrical - set exercise
- 6.2 Blues - set exercise, teachers may use unset music of similar style and tempo

7 Rhythm

Clap, mark and move to whole, half, quarter and sub -divisions up to and including 12th notes, missed beats and syncopation. Candidates will be expected to interpret the rhythm with free dance movement and use of pattern and direction. It is no longer necessary to retain the rise and fall of the marking steps when dancing. The examiner will determine how many times the rhythm will be clapped, marked and danced. Examiner may provide unset music or use the set music:

- a. Slow 4/4
- b. Quick 4/4

8 Combination Steps

- 8.1 Walks - set exercise
- 8.2 Pirouettes - set exercise
- 8.3 Kicks - set exercise, teachers may use unset music
- 8.4 Foot warm up - set exercise or Teacher's own arrangement to set or unset music

Candidate's choice of one of the two following exercises:

- 8.5 Leaps on diagonal - set exercise, teachers may use unset music
- 8.6 Elevated turns - set exercise, teachers may use unset music

9 Amalgamations

Candidate's choice of one of the following:

- 9.1 Jazz
- 9.2 Percussive

Unset amalgamations to be given by examiner - to free music provided by the examiner

10 Dance

Teacher's arrangement not to exceed 1minute 30seconds

11 Bow

INTERMEDIATE DANCE MOVEMENT VOCABULARY

Walks

Développé with lay back (forward only)
Cushion
Trudging
Circular
Rond de jambe forward and back
Extended forward and back

Runs

Triple
Drag forwards and sideways
Jazz pas de bourrée on the spot, travelling and turning
Jazz change of weight

Turns

Pirouettes – single and double at low and high level, outwards and inwards
Front and back twist turns
Swivel on two feet or with extension
Spin
Drag front and back
Syncopated

Kicks

Front and side with supporting leg straight or bent, working leg straight or bent,
Flick,
Développé
All on whole foot, pliés, rise, or elevation
Side kick may be shown with tilt on whole foot or rise
Back kick on whole foot or pliés

Springs

Accented springs and hops
Circular springs
Step and spring turn with picked up or extended leg

Jumps

Travelling - straight or turning with bent or straight legs

Ball changes

Split
Picked up
Turning with picked up legs

Leaps

Forward with or without développé

INTERMEDIATE – MALE

Normally males must be entered separately from female candidates. However, if there is one student remaining of either gender, on any one examination session, males and females will be allowed to enter together. Please note that 15 minutes will need to be added to the timetable to allow for individual exercises. Candidates should be prepared to demonstrate any exercise individually.

1 Limbering

- 1.1 Warm up - teacher's arrangement to unset music, not to exceed 2 minutes
- 1.2 Forward stretch - set exercise
- 1.3 Side stretch - set exercise
- 1.4 Pliés - set exercise
- 1.5 Foot exercise - set exercise

2 Floor Work

- 2.1 Contraction exercise - set exercise
- 2.2 Abdominal exercise - set exercise
- 2.3 Leg stretching - set exercise
- 2.4 Press -ups - set exercise

5 Barre Work

- 5.1 Figure of 8 leg swings - set exercise
- 5.2 Back exercise - set exercise

6 Floor Sequence

- 6.1 Set exercise - to teacher's choice of music

Please note: Teacher's choice of Intermediate Foundation Floor Sequence, or Intermediate Floor Sequence.

7 Isolations

7.1 Unset arrangement to be prepared by teacher or candidate using the set music for Isolations B or their choice of unset music, 8 bars, one side only

8 Centre Work

- 8.1 Weight transference - set exercise

9 Arms

- 9.1 Blues - set exercise, teachers may use unset music of similar style and tempo

10 Rhythm

Clap, mark and move to whole, half, quarter and sub -divisions up to and including 12th notes, missed beats and syncopation. Candidates will be expected to interpret the rhythm with free dance movement and use of pattern and direction. It is no longer necessary to retain the rise and fall of the marking steps when dancing. The examiner will determine how many times the rhythm will be clapped, marked and danced. Examiner may provide unset music or use the set music:

- a. Slow 4/4
- b. Quick 4/4

11 Combination Steps

- 11.1 Pirouettes - set exercise
- 11.2 Kicks - set exercise, teachers may use unset music
- 11.3 Foot warm up - set exercise or Teacher's own arrangement to set or unset music
- 11.4 Leaps on diagonal - set exercise, teachers may use unset music

12 Amalgamations

- 12.1 Jazz
- 12.2 Unset amalgamations to be given by examiner - to free music provided by the examiner

13 Dance

Teacher's arrangement not to exceed 1 minute 30 seconds.

14 Bow

INTERMEDIATE - MALES - DANCE MOVEMENT VOCABULARY

Walks

Développé with lay back (forward only)
Cushion
Trudging
Circular
Rond de jambe forward and back
Extended forward and back

Runs

Triple
Drag forwards and sideways
Jazz pas de bourrée on the spot, travelling and turning
Jazz change of weight

Turns

Pirouettes - single at low and high level, outwards and inwards (Double optional)
Front and back twist turns
Swivel on two feet or with extension
Spin
Drag front and back
Syncopated
Open Turns

Kicks

Front and side with supporting leg straight or bent, working leg straight or bent,
Flick,
Développé
All on whole foot, pliés, rise, or elevation
Side kick may be shown with tilt on whole foot or rise
Back kick on whole foot or pliés

Springs

Accented springs and hops
Circular springs
Step and spring turn with picked up or extended leg
Spring Drags

Jumps

Travelling - straight or turning with bent or straight legs
Tartar Jump

Ball changes

Split
Picked up
Turning with picked up legs
Slip Step

Leaps

Forward with or without développé

ADVANCED 1

Male and female candidates may be entered together with no extra time allowance needed.

All music is to be provided by the teacher, including the unset warm up, except music for the unset amalgamation which will be provided by the examiner.

1 Warm up

- 1.1 Unset Warm Up – an un-choreographed warm up to music provided by the teacher, lasting 2.5 to 3 minutes
- 1.2 Set Warm Up - set exercise

2 Limbering

- 2.1 Tendus and Glissés - set exercise
- 2.2 Contractions and Abdominals - set exercise
- 2.3 Leg and Hip Exercise - set exercise
- 2.4 Back Exercise- set exercise

3 Centre Work

- 3.1 Jazz Lines - set exercise
- 3.2 Jazz Adage - set exercise
- 3.3 Falls- set exercise
- 3.4 Floor Sequence for male candidates - set exercise
- 3.5 Lyrical Arm Exercise - set exercise
- 3.6 Walks- set exercise
- 3.7 Isolations - set exercise
- 3.8 Foot Warm up- set exercise

4 Technical Sequences

- 4.1 Technical Sequence for Outward Pirouettes - set exercise
- 4.2 Technical sequence for Inward Pirouettes - set exercise
- 4.3 Technical Sequence for Kicks - set exercise
- 4.4 Technical Sequence for Leaps - set exercise
- 4.5 Technical Sequence for Elevation - set exercise

5 Performance Sequences

Candidate's choice of 2 of the following

- 5.1 Performance sequence of Turns - set exercise
- 5.2 Performance sequence of Kicks - set exercise
- 5.3 Performance sequence for Elevation - set exercise

6 Unset Amalgamation leading into improvisation

An amalgamation given by the examiner, to music provided by the examiner, using 2-3 movements from the Step Vocabulary list. As each candidate performs the sequence as a solo, they will continue into an improvisation to the same length of music. Time will be given to practise the examiner's choreography, but the candidate will be expected to improvise immediately.

7 Set Amalgamations:

Candidate's choice of one of the following:

- 7.1 Blues - set exercise
- 7.2 Commercial with a Latin feel - set exercise

8 Dance – maximum time allowance 1.5 to 2 minutes

9 Bow

STEP VOCABULARY

A working knowledge of the step vocabulary from previous syllabi will be expected.

Falls

Knee Drop
Back fall

Walks

Triple walk

Turns

All taken inward and outward (this does not apply to chaînés)

Single turn with leg in attitude (parallel, turned out or inverted, front, side or back) low or high level, by posé, plié relevé, fondu, straight leg or elevation (accented hop). Simple body lines can be used.

Chaînés at low and high level

Double pirouettes (compulsory) or more, at low and high level

Double pirouettes (compulsory) or more from low to high and high to low levels. By posé or plié relevé

Double pirouette (compulsory) or more at low or high level with low extended front leg

Single pirouette (compulsory) or more at low or high level with low extended side or back leg

Barrel turn (pirouette) single (compulsory) or more low or high level

Single posé turns with leg in parallel retiré, low or high level

Kicks

Front, side and back, straight, développé (including reverse) and flick kicks with any combination of bent or straight raised leg on a fondu, flat foot, with rise or elevation and with a tilt or inverted

Kicks with hip extension, front and side

Round kicks outward and inward with a fondu, straight supporting leg or rise, with or without a single turn including a syncopated turn with outward round kick

Basic controlled kicks

Leaps

Développé side leap (front leg développés only)

Stag leap turned out or II

Single leap turn with varying leg lines

Elevated

Accented hops with a whole turn and varying leg lines, including with a fouetté action, inward or outward

Barrel turn with legs in double attitude (devant and derrière)

Additional steps for Male Candidates

Single Tour

Scissor hops forward with straight, développé or reverse développé

Multiple single pirouettes in 2nd

ADVANCED 2 – MODERN THEATRE DANCE

Male and female candidates may be entered together with no extra time allowance needed.

All music to be provided by the teacher. Music for the unset warm-up and unset amalgamation will be provided by the examiner.

1 Warm Up

1.1 Unset warm up - Candidates will demonstrate their ability to warm-up using a suitable range of movements. Music will be provided by the examiner (approx. 2½ - 3 minutes).

1.2 Warm up – set exercise

2 Limbering

- 2.1 Glissés and Tendus – set exercise
- 2.2 Technical Floor Sequence – set exercise
- 2.3 Females Rhythmical Limbering Sequence – set exercise
- 2.4 Males Floor Sequence – set exercise
- 2.5 Jazz Adage – set exercise
- 2.6 Falls and Tilts – set exercise

3 Technical Sequences

- 3.1 Turns on diagonal – set exercise
- 3.2 Pirouettes – set exercise, candidates show the exercise on one side only, candidate's choice
- 3.3 Kicks – set exercise
- 3.4 Foot Warm up – set exercise
- 3.5 Leaps A, B and C – set exercise – Candidates should show sequence A on both sides, B & C on one side only, candidate's choice

4 Performance Sequences

- 4.1 Turns – set exercise, candidates show the exercise on one side only, candidate's choice
- 4.2 Kicks – set exercise
- 4.3 Elevated – set exercise, candidates show the exercise on one side only, candidate's choice

5 Unset Sequence

Candidates will combine a selection of steps into a short dance sequence using the step vocabulary and any other suitable movements, steps from the vocabulary will be specified by the examiner.
Music will be provided by the examiner.

6 Set Amalgamations

Candidate's choice of two amalgamations from the following list:

- Musical Theatre
- Jazz
- Lyrical
- Blues
- Males – optional for male candidates, not available to female candidates

7 Dances

2 dances, not to exceed 2 minutes, of contrasting styles, one to be choreographed by the candidate

8 Bow

STEP VOCABULARY

Walks

- Extended walks with body tilt forward, side or back
- Circular walks forward or backward

Side tilts

- High level

Turns

- Pirouettes with leg in parallel or turned out (double or more) or attitude front or back (single or more) outwards or inwards, all at various levels
- Spin Turns (chaînés) at various levels

Kicks

Front, side and back, straight, développé (including reverse) and flick kicks with any combination of bent or straight raised leg on a fondu, flat foot, with rise or elevation, parallel, turned out or inverted, with or without a tilt

Round kicks – outwards and inwards with any combination of bent or straight raised leg on a fondu, flat foot, with rise or elevation and with a tilt

Any of the front, side or round kicks can be taken with hip extension

Kicks with layout - front kick with back layout or back bend and side kick with forward layout

Any of the above can be taken as controlled kicks

Leaps

Forward and sideways with or without développé or reverse développé

Attitude leaps, with 1 or both legs in attitude

Leap turns with varying leg lines taken with a barrel action

MALES ONLY Barrel turns - on the spot with any combination of bent or straight legs in parallel or turn out.

Jumps

Jazz sissonne

Hops with varying body and leg lines, with a full turn

Straddle jump

Attitude jump with any combination of leg line

MALES ONLY Double Tour en l'air. Candidate's choice of preparation in 4th or 2nd

MALES ONLY Scissor hop. Forwards or into 2nd, with or without développé, the scissor hop into 2nd could straddle

ASSESSMENT

MARK SCHEMES

INTERMEDIATE FOUNDATION, INTERMEDIATE AND ADVANCED 1

TITLE OF COMPONENT	MARKS ATTAINABLE
TECHNIQUE	
Limbering	10
Line and style	10
Dance movements	10
Use of space	10
Section Total	40
RHYTHM, RESPONSE & SYLLABUS KNOWLEDGE	
Rhythm	10
Response and knowledge of syllabus	10
Section Total	20
PRESENTATION	
Quality of movement	10
Sense of performance	10
Set Amalgamation/s	10
Dance	10
Section Total	40
Total	100

ADVANCED 2

TITLE OF COMPONENT	MARKS ATTAINABLE
TECHNIQUE	
Limbering	10
Clarity of line	10
Control and stability of technique	10
Dance movements	10
Section Total	40
RHYTHM, AND SYLLABUS KNOWLEDGE	
Response and knowledge of syllabus	10
Quality of movement	10
Section Total	20
PRESENTATION	
Artistry and style	10
Musical and interpretive response	10
Set Amalgamations	10
Dances	10
Section Total	40
Total	100

METHOD OF ASSESSMENT

Vocational Graded Examinations are assessed externally by visiting examiners recruited and trained by the ISTD. Assessment is carried out by means of a practical demonstration of the knowledge, understanding and skills required.

The examination is divided into Sections and each Section is composed of several components, which are separately assessed and aggregated to give the total out of 100.

Candidates will, however, be unsuccessful if

1. 20% of the marks attainable or below are given for any one component
2. 40% of the marks attainable or below are given for any three components. This reflects the need to ensure competence across a wide range of components.

Results are indicated using the following attainment bands:

Distinction	80-100
Merit	65-79
Pass	50-64
Not Attained	00-49

CLASSIFICATION OF RESULTS

The principle of best fit is applied in deciding the appropriate classification for each candidate. It is not to be expected that a candidate in a particular category will necessarily demonstrate all of the characteristics listed in that category.

A candidate who achieves an '**Distinction**' classification (80-100 marks) is one who demonstrates the following attributes in performance:

- flair, vitality and skill
- fully appropriate style
- incisively-focussed dancing

- precision in the technique of the genre
- consistent, highly developed musicality
- confident and accurate responses to questions asked and/or tasks set

A candidate who achieves a **'Merit'** classification (65-79 marks) is one who demonstrates the following attributes in performance:

- skill and proficiency
- largely appropriate style
- focussed dancing
- competence in the technique of the genre
- evidence of developing musicality
- relevant and appropriate responses to questions asked and/or tasks set

A candidate who achieves a **'Pass'** classification (50-64 marks) is one who demonstrates the following attributes in performance:

- competence
- basic ability to carry out the required movements
- periodic moments of convincing focus
- basic competence in most aspects of the technique of the genre
- basic musicality
- broadly relevant and appropriate response to questions asked and/or tasks set, but some prompting may be required

A candidate who achieves an insufficient level of achievement **'N'** classification (00-49 marks) is one who has not yet demonstrated the attributes required to gain at least a **'Pass'** classification.

ASSESSMENT GUIDANCE

Candidates are assessed on their ability to show:

- Technical accuracy with correct placement to the best of the physical facility. An appropriate use of limbs showing an understanding of the purpose of each exercise
- A sense of line and well co-ordinated movement with an awareness of the use of space
- An assured performance showing the differing qualities of movement and style required by each section of the exam structure
- An instinctive musicality and a highly developed sense of rhythm

PROFESSIONAL QUALIFICATIONS

UK AND EUROPE

A separate Syllabus Outline is available from ISTD Headquarters for the:

- Level 4 Diploma in Dance Education**
- Level 6 Diploma in Dance Pedagogy**

DDE (UNIT 4)

Dance Practice and the Relationship between Music and Dance in a Chosen Dance Genre
(Additional information about assessment of this examination is printed in the DDE syllabus).

REQUIREMENTS FOR ENTRY

Candidates must:

- have reached the age of 18 years
- have passed the Intermediate Modern Dance examination

The entire examination must be taken on the female or male syllabus as chosen by the candidate. The candidate is examined on the ISTD set syllabus from Primary Class examination, Grade 1, Intermediate as listed below. The DDE Unit 4 examination does not cover any of the Intermediate Foundation set syllabus exercises, but it could incorporate the dance vocabulary from Intermediate Foundation as they are included and can be requested for in Intermediate.

- Primary Class Examination, Grade 1 to Grade 5 complete.
- A selection from Grade 6 and Intermediate (*as listed below*).
- Pre-choreographed Dances (*listed below*)

Knowledge of the general approach and specific technique for teaching the opposite gender to that of chosen by the candidate.

GRADE 6

- **Back Loosening & Falls**
- **Lyrical Arm Exercise**
- **Jazz Arm Exercise**
- **Breathe and Release**
- **Kicks and Turns**
- **Step Vocabulary**

INTERMEDIATE

- **Warm-Up (teacher's arrangement)**
- **Contraction Exercise**
- **Blues Arms**
- **Foot Warm-Up (teacher's arrangement)**
- **Pirouettes**
- **Kicks and Step Vocabulary**

The candidate is asked to demonstrate and discuss, from a teaching perspective based on practical experience, the following:

- analysis of movement vocabulary included in Modern Graded syllabi from Grade 1 to Grade 6, Intermediate Foundation and Intermediate;
- the development Modern dance technique from Grade 1 to Grade 6, Intermediate Foundation and Intermediate;
- the development rhythm and its application from Grade 1 to Grade 6, Intermediate Foundation and Intermediate;
- unset arrangements, suitable for specified gender, reflecting the level of the students' physical and cognitive development;
- knowledge of the structure of the body and its movement limitations;
- common physical difficulties, their causes and methods of correction;

The candidate is required to demonstrate:

- musicality in own performance;
- the ability to count any exercise, showing the correct tempo and quality required;
- knowledge of various types of music
- the ability to select music suitable for unset arrangements

PRE-CHOREOGRAPHED DANCES

The candidate demonstrates **two** pre-choreographed dances of their own composition at a lower Grade either Grade 2 or Grade 3 and their second dance at Grade 5 or Grade 6 or Intermediate level for either gender – candidate's choice. These dances should show suitability for the required level, structure, appropriate style, creativity, musicality and spatial awareness and not to exceed 1.5 minutes.

DRESS REQUIREMENTS

Leotard or tight fitting top and either tights or fitted trousers. Candidates may work in bare feet or soft-soled jazz shoes. Jazz trainers may only be worn for free dances if the choreography requires it. Knee pads should be worn for all the boy's syllabi.

MARK SCHEME

TITLE OF COMPONENT	MARKS ATTAINABLE
Knowledge of the content of the relevant Graded and Intermediate Foundation & Intermediate syllabi	20
Analysis and understanding of movement vocabulary	30
Technical accuracy of demonstration	15
Style of demonstration	15
Understanding of the purpose and/or development of movements	20
Suitability of content of amalgamations arranged during the examination	15
Identification of common faults and their correction	20
Communication and presentation skills appropriate to teaching.	15
Understanding of stages of physical and cognitive development in relation to movement	15
Application of an appropriate range of methods of teaching	20
Understanding and application of safe dance practice and in relation to movement	15
Musicality and artistic expression in performance	30
Rhythmic and musical analysis in relation to movement	20
Selection and use of accompaniment for amalgamations during the examination	20
Pre-arranged choreography	30
Total	300

50% must be gained in each component to achieve an Awarded result

OUTSIDE EUROPE

ASSOCIATE

AIMS

The syllabus seeks to increase the skills, analysis and understanding of Modern dance in order to communicate this to others in a safe and creative environment.

The syllabus aims are:

- to demonstrate the knowledge of all the relevant set syllabus exercises
- the understanding of correct posture and its application
- the analysis and understanding of the technique at all levels
- to promote knowledge of related exercises other than in the set syllabus
- to develop the understanding of methods of teaching
- to develop the observational skills
- the understanding of different physiques and anatomical corrections
- to gain communication skills
- to be able to relate to students of varying ages
- to appreciate a variety of musical styles
- to develop the creative use of rhythm
- the understanding and application of dynamics
- the appreciation of a variety of modern dance styles
- to be able to arrange creative sequences of movement
- to develop choreographic skills

ENTRY CONDITIONS AND GENERAL INFORMATION

The Boys Modern Theatre Associate is no longer examined.

Candidate must provide a CD/mp3/music operator

REQUIREMENTS FOR ENTRY Candidates must:

- have reached the age of 18 years*
- have passed the Intermediate Modern Theatre examination

** In special circumstances the examination may be entered under this age if approved by the Committee and Head of Faculty Modern Theatre, after written application to Customer Services and Quality Assurance at HQ by the principal of the school entering the candidate.*

This is to ensure that they are able to be responsible for children.

TIME ALLOWANCE

Duration of examination: 90 minutes

SYLLABUS CONTENT

Section 1 Limbering

1. Theory and demonstration of all exercises from Grade 1 to 6 and Intermediate (excluding Intermediate Foundation) and Males' work up to and including Grade 4.
2. Knowledge of exercises, other than the set work, will be expected in order to test the candidate's understanding of this section.
3. The approach to the teaching of males.

Section 2 Dance Movements encompassing Rhythmic Development and Dance Analysis

1. Posture in relation to the child or student.
2. Walking and its development.
3. The gradual evolvement of arm and body line building up from the General Graded syllabus.
4. A detailed knowledge of rhythm and its application to movement.
5. Ability to arrange amalgamations for Females at all levels up to and including Intermediate.
6. Ability to arrange amalgamations for Males up to and including Grade 4

7. Set Amalgamations
Candidates' choice of:
 - a. One Male's amalgamation from Grade 2,3 or 4
 - b. One Lyrical amalgamation from Grade 2 - 6
 - c. One Jazz amalgamation from Grade 2 – 6 (No two amalgamations from the same grade)
 - d. Either the Floor Limbering from Grade 5 or the Floor Sequence from Grade 6

8. Dance Compositions
 - a. 16 bars suitable for Grade 2
 - b. 16 bars, excluding introduction, suitable for Grade 4
 - c. Jazz at Intermediate Foundation standard – maximum of one minute
 - d. Arrangement at Vocational Graded Level – maximum of 1½ minutes

NB: If males wish to take this syllabus, the examination will be conducted exactly as above. The only option is that a male candidate may opt to study the Adapted Males' Intermediate or the Females' Intermediate and this should be indicated on the timetable.

ASSESSMENT

Candidates are examined individually by one examiner recruited and trained by the ISTD. Assessment is carried out by means of a practical demonstration of the knowledge, understanding and skills required.

MARK SCHEME

TITLE OF COMPONENT	MARKS ATTAINABLE
Manner and presentation	10
Knowledge of content and development of syllabus	30
Analysis and understanding of movement	30
Method of teaching	20
Adaptations to different physiques/gender	20
Technical accuracy of demonstration	20
Musicality, artistry and style of demonstration	20
Free arrangements and musical appreciation	20
Set Amalgamations	10
Choreographed dances	20
Total	200

50% must be gained in each component to achieve an Awarded result

The marks are aggregated, and the overall mark is given out of 200. The result of the examination is then given as below:

Awarded	130+ marks
Not Awarded	0-129 marks

ASSOCIATE DIPLOMA

ENTRY CONDITIONS AND GENERAL INFORMATION

This examination can be entered at the candidate's own studio or at a centre. In both cases the candidate must provide the dancers and operate the sound system.

Dance students' names must be provided to the ISTD at the time of examination application.

REQUIREMENTS FOR ENTRY

Candidates must:

- a) have reached the age of 21 years
- b) hold the Associate qualification of the Faculty

TIME ALLOWANCE

Duration of examination: 90 minutes

SYLLABUS CONTENT

Candidates will be expected to take a Teaching Assessment class (with a minimum of six dancers) using the set syllabus work at any level from Grade 3 up to and including Intermediate (candidate's choice which must be notified in advance). Pupils in the class should be working on the grade selected, may have passed the grade, but may not have passed the grade above.

The Class Structure – maximum of 45 minutes

Candidates will be expected to teach the following:

The set Warm up, with the exception of the Intermediate Syllabus, when a free warm up to the set music is required.

Two limbering exercises - one standing and one floor exercise.

Creative use of rhythm.

Candidate's choice of any other syllabus work excluding limbering.

Time should be allowed to teach at least one free amalgamation which should not be characterised.

Group Choreography – maximum of 2 minutes

Show imaginative use of the Modern work, at any level up to and including Intermediate, for three or more dancers. This should not be a solo danced by three pupils, but should show varied pattern and interaction of dance steps. Simple props may be used if required.

Selected Steps

To be taught as requested by the examiner. These can be taken from the selected grade, the grade above or the grade below the selected grade.

TITLE OF COMPONENT	MARKS ATTAINABLE
Teaching and Coaching Skills	60
Effective Observation and Correction	40
Appropriate Choice of Material	40
Creativity	40
Suitable Choice of Accompaniment	20

Special Coaching Session

Incorporating basic anatomy as requested by the examiner.

All pupils will be asked to remain in the studio for this session.

ASSESSMENT

Candidates are examined individually by one examiner recruited and trained by the ISTD. Assessment is carried out by means of a practical demonstration of the knowledge, understanding and skills required.

MARKING SCHEME

50% must be gained in each component to achieve an Awarded result

The marks are aggregated and the overall mark is given out of 200. The result of the examination is then given as below:

Awarded	130+ marks
Not Awarded	0-129 marks

UK, EUROPE & INTERNATIONAL

LICENTIATE

ENTRY CONDITIONS AND GENERAL INFORMATION

This examination can be entered at the candidate's own studio or at a centre. In both cases the candidate must provide the dancers and operate the sound system.

Dance students' names must be provided to the ISTD at the time of examination application.

Music for the class in Section 1 and for all free work should be provided by the candidate on CDs or other digital audio equipment. Set CDs will be provided by the ISTD when the examination is taken at a centre.

Candidates taking the Licentiate examination outside the UK should provide a CD/mp3/music operator for Section 2.

At ISTD HQ an operator will be provided. At regional centres candidates should check this provision with the centre organiser.

PRIOR LEARNING

Candidates must:

- a) have passed the Advanced 1 in Modern Theatre
- b) hold the Associate Diploma, the Certificate in Dance Education, or the Diploma in Dance Education qualifications in the Modern Theatre Faculty

TIME ALLOWANCE

Duration of Examination: 2 hours 30 minutes.

SYLLABUS CONTENT

Candidates may be examined on either the Graded or the Vocational Graded specialisations, which must be specified to the ISTD in advance.

A Vocational Graded Specialisation

Section 1

The candidate will be required to take a class at any level from Intermediate Foundation - Advanced 1 inclusive, candidate's choice to be stated on the entry form. Candidates should present a lesson plan at the start of the examination. This should be a balanced coaching class selecting set work from the syllabus and allowing time for at least two contrasting unset amalgamations, of which one should be jazz.

Time allowed 1 hour for Intermediate Foundation, 1 ¼ hours for Intermediate and Advanced 1. Candidates to provide at least 2 but no more than 4 of their own students who they have taught for a minimum of 6 months. Students may have passed the level of syllabus being taught but not entered the grade above.

Section 2

Candidates will be required to:

1. Demonstrate and have an in-depth knowledge of the work up to and including Advanced 1 and Males' work up to and including Grade 6
2. Arrange amalgamations for Females at all levels up to and including Advanced 1
3. Arrange amalgamations for Males at all levels up to and including Grade 6
4. Demonstrate own choice of:
 - a. Grade 4 or 6 Males Floor Sequence
 - b. Grade 4, 5 or 6 Males set amalgamations
 - c. One set amalgamation from either the Females Intermediate or Advanced 1 Syllabus.
5. Dance Compositions to be performed by the candidate:
 - a. Jazz at Intermediate standard, maximum of 1 minute
 - b. Contrasting arrangement at Advanced 1 standard, maximum of 2 minutes.

B Graded Specialisation

Section 1

The candidate will be required to take a class at any level from Grade 4 – Grade 6 inclusive, candidate's choice to be stated on the entry form.

Candidates should present a lesson plan at the start of the examination. This should be a balanced coaching class selecting set work from the syllabus and allowing time for at least two contrasting unset amalgamations, of which one should be jazz.

Time allowed 1 hour.

Candidates are required to provide up to 6 children of their own pupils who they have taught for a minimum of 6 months. Students may have passed the level of syllabus being taught but not entered the grade above.

Section 2.

The candidate will be required to:

1. Demonstrate and have an in-depth knowledge of the work up to and including Advanced 1 and Males' work up to and including Grade 6
2. Arrange amalgamations for Females at all levels up to and including Advanced 1
3. Arrange amalgamations for Males at all levels up to and including Grade 6
4. Demonstrate own choice of:
 - a. Grade 4 or 6 Males Floor Sequence
 - b. Grade 4, 5 or 6 Males set amalgamations
 - c. One set amalgamation from either the Females Intermediate or Advanced 1 syllabus
5. Dance Compositions:
 - a. Choice from Grade 3, 4, 5 or 6, maximum of 1½minutes. Must be performed by the candidate's own pupil
 - b. Arrangement at any Vocational Graded level, maximum of 2 minutes. Must be performed by the candidate

ASSESSMENT

Candidates are examined singly by one examiner recruited and trained by the ISTD. Assessment is carried out by means of a practical demonstration of the knowledge, understanding and skills required.

MARK SCHEME

TITLE OF COMPONENT	MARKS ATTAINABLE
Class content and balance	20
Manner and clarity of instruction and rapport with students	20
Observation and methods of technical correction	30
Observation and methods of artistic and musical development	30
Syllabus knowledge, analysis and understanding of movement	30
Gender adaptations	20
Free arrangements	20
Set amalgamations	10
Dance compositions	20
Total	200

The marks are aggregated, and the overall mark is given out of 200. The result of the examination is then given as below:

Awarded	130+ marks
Not Awarded	0-129 marks

FELLOWSHIP

The Fellowship is the highest qualification awarded by the ISTD. Candidates will, therefore, be expected to be creative, show breadth and depth of knowledge and a very high standard of teaching.

ENTRY CONDITIONS AND GENERAL INFORMATION

In the UK, this examination can only be entered at ISTD2 or a regional centre. Overseas, candidates should be aware that it may be scheduled to take place anywhere within their own country and not necessarily within their own school or own city.

The ISTD will arrange up to 3 or 4 students for the class for Section 1.

Music for the class in Section 1, Advanced 1 and Advanced 2 and for all free work should be provided by the candidate on CDs or other digital audio equipment. Set CDs will be provided by the ISTD.

Candidates taking the Fellowship examination outside the UK should provide a CD/mp3/music operator for Section 2. At ISTD HQ an operator will be provided. At regional centres candidates should check this provision with the centre organiser.

PRIOR LEARNING

Candidates must:

- a) have passed the Advanced 2 in Modern Theatre
- b) hold the Licentiate or the Diploma in Dance Pedagogy qualifications in the Modern Theatre Faculty

ASSESSMENT

Candidates are examined singly before two examiners.

Duration of Examination: 2 hours 45 minutes.

SYLLABUS CONTENT

Section 1

Duration 1 hour 15 minutes

Up to 4 candidates will be provided by the ISTD.

Candidates should present a lesson plan at the start of the examination.

The candidate will take a balanced free style Modern class at, or above, Advanced 2 level. This should have a theme/purpose and develop some aspect of eth dancers as well as being creative. Pace should be aimed at full-time professional students.

The class will include the teaching/coaching of one set exercise, from the list below, chosen by examiners which will be given to the candidate at the examination. Examiners will read the lesson plan and discuss with the candidate which exercise from Advanced 2 they wish them to include and give them the opportunity to include it in their class or work on it separately after the class if that is their preference.

Examiners' choice of:

- Glisses and tendus
- Adage
- Falls and tilts
- Pirouettes
- Leaps
- Section of any Performance sequence

Section 2

The candidate will be required to:

1. Demonstrate and have an in-depth knowledge of the work up to and including Advanced 2
2. Demonstrate Males' work up to and including Intermediate and the step vocabulary at Advanced 1
3. Arrange amalgamations for Females at all levels up to and including Advanced 2
4. Arrange amalgamations for Males at all levels up to and including Advanced 1
5. Arrange a sequence at Advanced 2 level including some vocabulary steps, chosen by the examiners, to music provided by the examiners.
6. Demonstrate own choice of:
 - a) Boy's Floor sequence, Intermediate Foundation or Intermediate
 - b) Boy's Amalgamation, Intermediate Foundation or Intermediate
 - c) Demonstrate or discuss in depth candidate's choice of one of the Advanced 2 Set Amalgamations
7. Dance Compositions:

Compositions must show originality of arrangement and interpretive quality.

 - a) Choice from Grade 3, 4, 5 or 6, maximum of 1½minutes. May be performed by the candidate's own pupil
 - b) Advanced 1 or Advanced 2, maximum of 2 minutes. May be performed by the candidate's own pupil

Candidates should be able to discuss the content and choreography of their dances and be able to show elements if presented on DVD/video. Either/both dances may be danced by the candidate or a pupil

ASSESSMENT

Candidates are examined singly by two examiners recruited and trained by the ISTD. Assessment is carried out by means of a practical demonstration of the knowledge, understanding and skills required.

MARK SCHEME

TITLE OF COMPONENT	MARKS ATTAINABLE
Balance, pace, creativity and artistry of class	30
Manner and clarity of instruction and rapport with students	30
Observation and methods of technical correction	20
Observation and methods of artistic and musical development	20
Syllabus knowledge	20
Development of syllabus	20
Technical and rhythmic analysis	20
Gender adaptations	10
Free arrangements	20
Dance compositions	10
Total	200

The marks are aggregated, and the overall mark is given out of 200. The result of the examination is then given as below:

Awarded	130+ marks
Not Awarded	0-129 marks

REASONABLE ADJUSTMENTS

The ISTD policy and procedure for all reasonable adjustments for all qualifications is contained within the Equal Opportunities policy on the ISTD website. The Vocational Graded Examinations and Professional Qualifications are designed for those who are intending to pursue a career in dance, either as a performer or as a teacher. It is, therefore, very unlikely that a potential performer will require reasonable adjustments. However, a potential teacher must be able to demonstrate all movements precisely, in order to teach them effectively. As the 'Intermediate' examination is also now included as a unit within the Diploma in Dance Instruction, it is likely some candidates will apply for adjustments. This is because they are:

- Those candidates who are possibly already teaching and who do not have the stamina or muscular strength that is normally required at this level, and it would be deemed to be unsafe to require them to perform using the same degree of strength and stamina as a younger dancer.
- Candidates who do not have sufficient physical facility to perform the movements at speed to the required standard, but who can nevertheless demonstrate them at a slower pace.
- Candidates who, through their physical make up, would be causing injury to themselves, eg very stiff feet.

The same criteria apply to candidates at higher levels. Such candidates must apply to the Customer Services and Quality Assurance Department, using the Application for Reasonable Adjustments form, at least three weeks prior to the examination entry, giving detailed reasons for the request. This will be processed giving the Faculty opportunity to refuse special conditions, recommend additional examination time, or give further detailed guidance. In principle, the examination must not be weighted to give an advantage to either the candidate with reasonable adjustments or the able-bodied candidate. The demands on both must be equal.

Reasonable adjustments will be generally granted for certain specific sections of the examination, and candidates should indicate which of the sections might be affected. Candidates should attempt all movements and throughout, must dance to the best of their own physical ability. In the interests of safety and to facilitate accuracy of movement, some candidates may indicate their own tempo and may take extra pauses for breath, as necessary. If required, questions may be asked, and these will be phrased in such a way as to clarify the

knowledge of the mechanics of the movement. Questioning is not permitted for every section of the examination and would normally be used in a maximum of two performance sections.

The ISTD reserves the right to refuse entry to a particular candidate because of a reasonable belief that undertaking the examination will create a risk to the health or safety of the candidate. This includes any pregnant candidate taking a practical examination. The examiner also has the right to stop an examination if s/he considers that there is a risk to the health or safety of the candidate if they continue.

Pregnant candidates are requested to complete the Application for Reasonable Adjustments form so that the examiner can be made aware of their condition, regardless of any adjustment being requested, as the examiner needs to be informed, and additional time for breaks may also be applied for.

RESULTS AND CERTIFICATION

All ISTD examinations are single performance at one moment in time, with a detailed marking system awarded according to the assessment criteria and attainment descriptors given for each examination.

Examiners return the results and report sheets as soon as possible after the examination. The report sheets for each candidate are individually checked within the Quality Assurance department for administrative accuracy. Under normal circumstances the report sheets for UK examinations will be issued to the teacher within 21 working days of the examination.

Any errors found are corrected by the examiner prior to further processing of the whole examination session, and may therefore extend these timings, although the department will make every effort to process these as rapidly as possible. All results are entered by Sections, and checked for achieving the minimum pass levels, per Section and in total, and correct levels of attainment against the total mark achieved.

Results are then cleared for certificate issue, which is undertaken by the Customer Services and Quality Assurance department and should be within 6 to 8 weeks of the examination. Copies of all report sheets and results are held on archive for reference, as necessary.

RE-TAKES

Candidates who are not successful may not re-take the examination until 3 months after the original examination.

REGULATION

ISTD Graded and Vocational Graded Examinations, the Diploma in Dance Instruction, Diploma in Dance Education and Diploma in Dance Pedagogy are regulated by Ofqual in England; Qualifications Wales in Wales; and the Council for the Curriculum Examinations and Assessment (CCEA) in Northern Ireland.

The Regulated Qualifications Framework (RQF) provides a single, simple system for cataloguing all regulated qualifications, indicating qualifications by their level (degree of difficulty) and size (amount or breadth of learning).

Size is indicated by a credit value, corresponding to a term used in the title. An Award is worth 1-12 credits, a Certificate is worth 13-36 credits, and a Diploma is worth 37 or more credits.

One credit corresponds to 10 hours of learning for the typical learner, which is divided into Guided Learning hours (GLH), which is broadly contact time with the teacher, and personal study time, which together make Total Qualification Time (TQT).

The ISTD's qualifications on the Regulated Qualifications Framework are as follows:

Qualification Title	Qualification number	Guided Learning Hours	Total Qualification Time (hours)	Credits
ISTD Level 1 Award in Graded Examination in Dance: Grade 1 (Modern Theatre Dance)	501/0755/0	60	70	7
ISTD Level 1 Award in Graded Examination in Dance: Grade 2 (Modern Theatre Dance)	501/0753/7	60	70	7
ISTD Level 1 Award in Graded Examination in Dance: Grade 3 (Modern Theatre Dance)	501/0754/9	60	70	7
ISTD Level 2 Award in Graded Examination in Dance: Grade 4 (Modern Theatre Dance)	501/0756/2	75	95	10
ISTD Level 2 Award in Graded Examination in Dance: Grade 5 (Modern Theatre Dance)	501/0757/4	75	95	10
ISTD Level 3 Certificate in Graded Examination in Dance: Grade 6 (Modern Theatre Dance)	501/0758/6	90	130	13
ISTD Level 2 Certificate in Vocational Graded Examination in Dance: Intermediate Foundation (Modern Theatre Dance)	501/0764/1	150	275	28
ISTD Level 3 Certificate in Vocational Graded Examination in Dance: Intermediate (Modern Theatre Dance)	501/0728/8	150	275	28
ISTD Level 4 Certificate in Vocational Graded Examination in Dance: Advanced 1 (Modern Theatre Dance)	501/0760/4	150	325	33
ISTD Level 4 Diploma in Vocational Graded Examination in Dance: Advanced 2 (Modern Theatre Dance)	501/0761/6	150	375	37
ISTD Level 3 Diploma in Dance Instruction (Modern Theatre Dance)	501/1002/0	430	680	68
ISTD Level 4 Diploma in Dance Education (Modern Theatre Dance)	501/0750/1	630	920	92
ISTD Level 6 Diploma in Dance Pedagogy (Modern Theatre Dance)	600/4269/2	920	2130	213

The GLH and credits are under review and will be updated in Autumn 2020.