



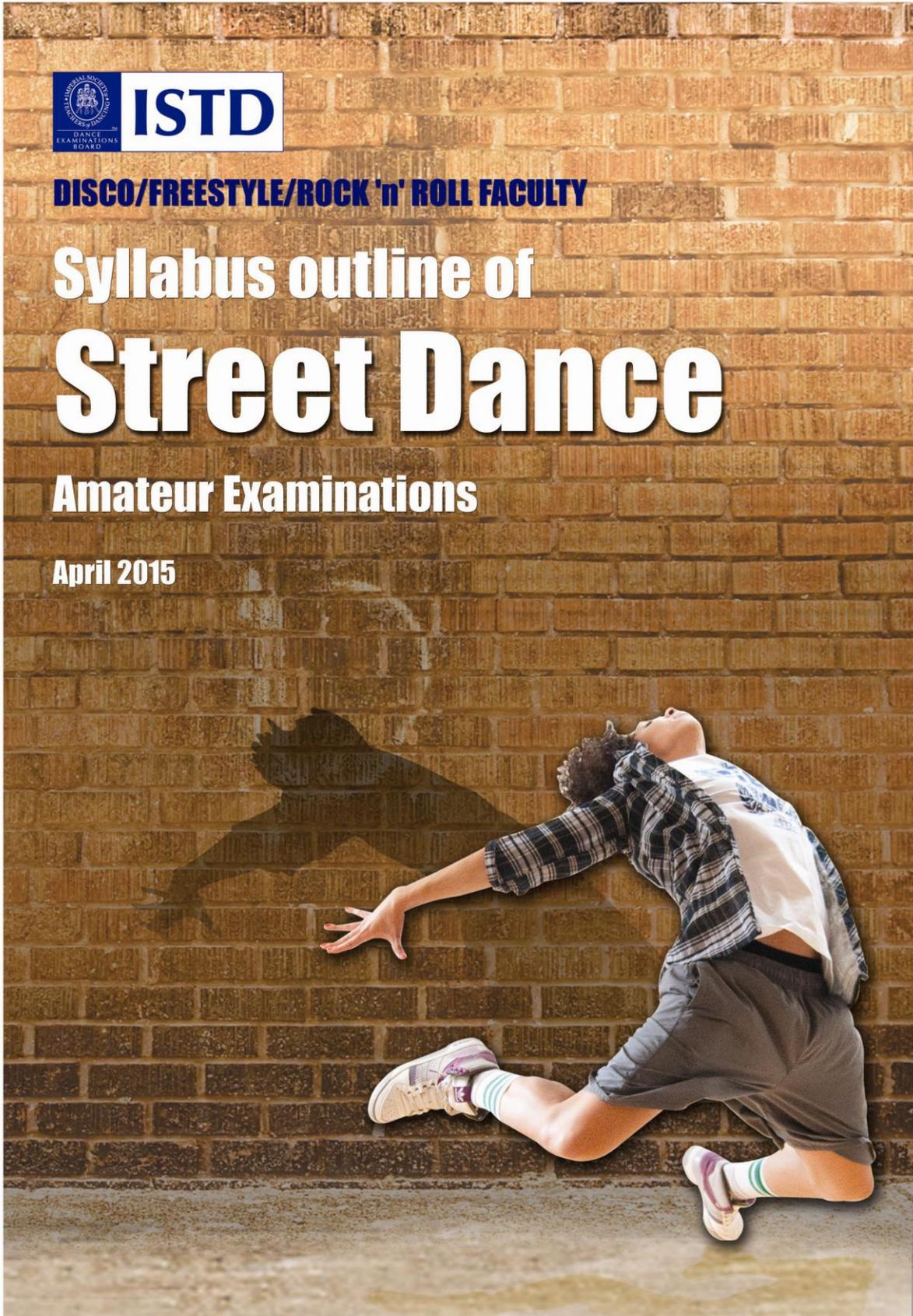
ISTD

DISCO/FREESTYLE/ROCK 'n' ROLL FACULTY

Syllabus outline of
Street Dance

Amateur Examinations

April 2015



STREET DANCE SYLLABUS OUTLINE

Contents	Page
General Introduction	3
Reasonable Adjustments	3
Results and Certification	4
Amateur Medal Tests	
Introduction	5
Method of Assessment/ Mark Scheme	5
Entry Conditions and General Information	6
Including: Age Divisions, Categories – Solo, Couples, Crew (Team)	6
Syllabus Outline	
General	8
Syllabus Content – Introductory Tests	8
One Dance Tests	9
Medal Series	9
Student Division	9
Higher Awards	9
Requirements	10
Street Dance / Hip Hop Styles	11

April 2015

Street Dance Amateur Syllabus Outline

General Introduction

Dance Sport examinations cover Modern Ballroom, Latin American, Sequence, Disco/Freestyle, Rock 'n' Roll, Country Western, Street Dance, and Club Dance. These dance genres provide a wide diversity in both teaching and learning in dance education. On the one level they form the basis of what may sometimes be referred to as 'social' dancing and there is a range of examinations that provides those learning to dance as a recreational activity, the scope to develop quality within performance. At other levels students may pursue their training further through the range of examinations in order to develop the higher artistic and technical skills necessary for competition dancing, stage performance or dance teaching. The examinations offered in all Dance Sport genres enable teachers in differing situations to provide a safe and structured programme for pupils of all ages and abilities.

This syllabus outline gives information about the examinations structure for Street Dance examinations only. Syllabi for the other Dance Sport genres are obtainable from ISTD Headquarters and the ISTD web-site. Separate syllabi for some other genres are also available for the Diploma in Dance Instruction and Diploma in Dance Education.

Examinations for Street Dance include:

Amateur Medal Tests	Introductory Tests
	One Dance Tests
	Medal Series – Bronze, Silver, Gold
	Supplementary and Higher Awards

Examination Entry – All Levels

- 1 Teachers entering candidates for ISTD examinations in Dance Sport should hold the appropriate ISTD teaching qualifications. Further information can be obtained from the Education and Training Department. .
- 2 Application forms for examination sessions are available from either ISTD Headquarters or ISTD website and completed forms should be received at Headquarters at least 8 weeks prior to the date required.
- 3 There must be an interval of 3 months from the date of the original examination if the candidate wishes to retake it for any reason.

Candidates Who May Require Reasonable Adjustments to the Assessment

The ISTD is committed to promoting an environment where all individuals are encouraged to achieve their full potential and develop their skills, encouraging its teachers to maintain an open approach towards the different talents and abilities offered by all their students. It is, therefore, required of all ISTD teaching members that they do not discriminate, either directly or indirectly, on the grounds of colour, race, nationality, ethnic origin, gender, mental or physical disability, marital status or sexuality, and pupils with disabilities should not be treated less or more favourably than able-bodied pupils simply because of their disability.

Disability takes the form of mental or physical impairment or both, and may be long or short term. The ISTD recognises that some students with a mental or physical impairment may need special adjustments to assessment conditions to allow them to demonstrate their knowledge in dance.

The following procedure should be used in all cases, every time the candidate enters for an examination, as the conditions, and necessary adjustments may change.

If a teacher wishes to enter such a pupil for an examination, the ISTD would like to make it clear that although pupils with mental or physical impairments may require extra time in an examination, or special aids (eg special headphones if the child is deaf), in order to perform to the best of their ability, the quality of the performance in an examination is to be equal to that of an able-bodied candidate. The candidate cannot be marked on different criteria because of the restriction the impairment may cause them. This is mandatory in order to achieve a true and fair dance award.

If such a candidate is to be submitted for an examination, the teacher must apply to the Customer Services & Quality Assurance Department for 'Application for Reasonable Adjustments form, or download it from the Customer Services section of the ISTD website <http://www.istd.org/examinations/quality-assurance/>. This should be completed and returned, with a doctor's letter if relevant, to the Customer Services & Quality Assurance Department, a minimum of three weeks prior to the examination timetable being sent in to the Examinations Department. This form will be submitted to the Customer Services and Quality Assurance Department and examined on a case by case basis. Teachers will be notified of all decisions prior to the examination.

This procedure applies to all ISTD examinations, in the UK and internationally, and should be used in all cases where the candidate has a short or long term impairment, even if alterations to assessment conditions are not requested by the teacher. The ISTD will consider if, in their opinion, any changes should nevertheless be made, in the interests of the health and safety of the candidate and also will inform the Examiner of the candidate's situation in all cases.

Results and Certification

All ISTD examinations are performances at one moment in time, awarded in accordance to the requirements of the syllabus given for each examination.

Examiners return the results and report sheets as soon as possible after the examination. The report sheets for each candidate are individually checked within the Quality Assurance department for administrative accuracy. Under normal circumstances the report sheets will be issued to the teacher within 10 working days of the examination. Any errors found are corrected by the Examiner prior to further processing of the whole examination session and may therefore extend these timings, although the department will make every effort to process these as rapidly as possible.

All results are entered by dance and checked for achieving the minimum pass levels, per dance and in total, and correct levels of attainment against the total mark achieved.

Results are then cleared for certificate issue, which is undertaken by the Customer Services and Quality Assurance Department, and should be within 6 – 8 weeks of the examination. Copies of all report sheets and results are held on archive for reference.

Amateur Medal Tests

Introduction

Medal Tests up to Gold only in Street Dance, are designed to be accessible to any age group and seek to:

- Promote an appreciation and enjoyment of Street Dance, with a view to developing technical and artistic qualities
- Introduce an understanding of the various styles of Street Dance, the different rhythmic expressions and characterisations
- Motivate candidates and build self-confidence by providing carefully staged goals
- Provide a structured approach for teachers to measure the progress of individual candidates

The medal test system builds up progressively, ensuring that steps and skills learned at lower levels prepare for more complex and higher quality movements as the candidate makes progress. The Introductory Tests start at Under 6 and go through to Pre-Bronze. One Dance Tests are available at Pre-Bronze level and at Bronze, Silver and Gold levels. The Medal Series then progress from Bronze through to Gold.

An outline of the different levels for Street Dance examinations is given below and further detail is given in the Syllabus Content starting on page 8.

- 1 Introductory Tests - Under 6 Tests – 1, 2, 3, 4
Under 8 Tests – 1, 2, 3, 4
Social Dance Tests – 1, 2, 3, 4
Pre-Bronze Dance Tests – 1, 2, 3, 4
- 2 One Dance Tests – Social Dance
Pre-Bronze
Bronze
Silver
Gold
- 3 Medal Series - Bronze 1, 2
Silver
Gold
- 4 Higher Awards - Gold Star 1, 2 3
Imperial Dance Award
Supreme Award

Method of Assessment/Mark Scheme for Amateur Medals and Tests

Each dance must be passed in order for the examination to be successful overall. Maximum marks allocated for each dance is 100. The marks for each dance are then aggregated and the overall result is indicated as a percentage as follows:

Honours	85% overall
Commended	75% overall
Pass	65
Unsuccessful on this occasion	0 – 64

All Amateur Medal Tests are assessed by the Examiner as above. However, for the Under 6, Under 8, Social Dance and Pre-Bronze Dance Tests, the teacher can choose whether the Examiner gives percentage marks or only an overall result of, 'Unsuccessful on this Occasion', 'Pass', 'Commended' or 'Honours'. The teacher should inform the Examiner at the beginning of the examination session which method of marking is preferred if entering candidates at these levels. The assessment of the candidate is carried out in the same way regardless of which choice is selected.

Entry Conditions and General Information

Age Divisions

Tests are conducted in seven divisions:-

- 1 Under 6
- 2 Under 8
- 3 Juvenile division for candidates under 12 years of age
- 4 Junior division for candidates of 12 and under 16 years of age
- 5 Adult division for candidates of 16 and under 50 years of age
- 6 Senior division for candidates of 50 years of age and over
- 7 Student division for candidates of 16 years and over intending to become professional or professionals in another genre.*

- * Requirements are as for Adult division but a higher standard of dancing is expected.
Holders of Student medals are not eligible to enter adult amateur medallist competitions.

Categories

Candidates have the following options when entering for amateur medal tests:

- 1 Solo Entry
Each candidate is assessed individually.
- 2 Couples Tests
The partnership is assessed as a couple but two report forms are issued. Both dancers receive a certificate and award. Candidates do not have to take the appropriate test individually but the tests must be taken in sequence. When entering 'Couples' medal tests on the timetable, teachers should bracket the names together and write 'C' for Couples as appropriate.
- 3 Crew (Team) Medal Tests
Tests for crews of six to sixteen amateur dancers in any age division may be taken at Bronze, Silver, Gold and Gold Star levels. Crews may comprise male or female dancers in any ratio who need not have taken an individual medal. One joint report form is issued and each dancer receives a certificate and award. The teacher may request a Crew trophy on payment of an additional fee. The age division of the crew is determined by the eldest dancer of the crew. One routine is required but the crew may dance twice to accommodate reserves. The maximum times are:
 - Bronze/Below – 1 ½ minutes
 - Silver/Gold – 2 minutes
 - Gold Star - 3 minutes

Prior Learning

No prior learning is required for the Introductory Tests. Medal Tests must be passed in sequence from Bronze to Gold. Candidates must be successful in the Gold medal before entering for the Gold Stars. For the Imperial Dance Award and Supreme Award they must have achieved all of the Gold Star levels.

Candidates who hold the Bronze medal or higher of a teaching organisation recognised by the British Dance Council may commence with the ISTD Silver medal.

Teachers of competitive dancers who wish to enter the Medal Test system but who have not taken a UK Dance Sport examination should apply to the relevant Faculty Chairperson, with a brief CV of the prospective candidate, together with a recommendation, so that their level of entry may be assessed.

Partnering

Candidates must provide their own partners who may be amateur or professional.

Time Allowances/Number of Candidates

Two candidates at a time		One candidate at a time	
Number of Dances	Time	Number of Dances	Time
1 dance	5 minutes	1 dance	3 minutes
2 dances	6 minutes	2 dances	5 minutes
3 dances	9 minutes	3 dances	7 minutes
4 dances	11 minutes	4 dances	9 minutes
5 dances	15 minutes	5 dances	10 minutes

Use of CD's

Teachers and candidates will use their own choice of music throughout the examinations. As a guide, music should be selected which does not contain cross phrasing and/or long introductions. Music operators should be seated at a discreet distance from the Examiner where possible.

Dress Requirements

Suitable Street Dance attire, which is appropriate to the age and gender of the candidate, should be worn with appropriate footwear, laces tied and secure. The chosen attire should enable the Examiner to see clearly the action of the body, legs and head.

In general it will not be possible for candidates to change their attire during the course of the examination, (for example to suit the style of dance). However, for examinations within the Disco/Freestyle/Rock 'n' Roll Faculty, costume changes are permitted at all levels provided any preparation does not cause the time limit to be exceeded. Candidates must remain in the room. Jewellery or body-piercing should not be worn.

Number Cards

Number cards should be worn on the front of all candidates for ease of identification.

Props

Props may be used at any level in any examination.

Acrobatic/Gymnastic Movements

In Solo medal tests at any level acrobatic/gymnastic movements are not permitted. Assisted work is permitted in Couples' routines at Gold Star level and above. However, for Street Dance routines please see General Information in Syllabus Outline – 'g', page 8.

STREET DANCE AMATEUR SYLLABUS OUTLINE

AMATEUR EXAMINATIONS

Amateur tests are conducted with the object of improving the standard of dancing. The award of merit and the certificate received by successful candidates, does not in any way qualify them to teach dancing, nor may they be used for advertising purposes.

General Information

- a) Suitable footwear **MUST** be worn.
- b) Candidates may dance either solo or with a partner.
- c) Conditions of examination entries and marks will be the same as for other Faculties within the Imperial Dance and Dance Sport Faculties.
- d) The timing for each test is as stated by the ISTD.
- e) Tests to be taken in sequence from Bronze.
- f) If a second test is taken up to Silver at the same session, different dances must be shown. Gold level and above must be taken separately.
- g) Acrobatic and Gymnastic moves - Teachers are responsible for the safety and actions of their pupils performing dance routines and/or choreography which must be suitable for the age group and level of the dancer.
- h) The use of props and costume changes are allowed at all levels provided any preparation does not cause the time limit to be exceeded. Candidates must remain in the room.
- i) Routines at any level should be repeatable or last a minimum of one minute 30 seconds if choreographed to a specific track of music.

Syllabus Content for Amateur Medals

Introductory Tests (Two Dances)

UNDER 6 and UNDER 8 TESTS - 1, 2, 3, 4

These tests are designed to encourage our very young pupils and to get them started on the examination 'ladder'. There is no technical requirement and Tests 2, 3 and 4 do not require a higher standard of dancing than Test 1. Rhythmic movement and timing awareness should be encouraged.

SOCIAL DANCE TESTS – 1, 2, 3, 4

These tests may be taken by candidates of any age. Technical accuracy is not expected and Tests 2, 3, and 4 do not require a higher standard of dancing than Test 1. Dancing in time with the music and rhythmical expression are of primary importance.

PRE-BRONZE DANCE TESTS – 1, 2, 3, 4

These tests may be taken by candidates of any age. Dancing in time with the music, rhythmical expression and the beginnings of technical awareness are expected. Tests 2, 3, and 4 do not require a higher standard of dancing than Test 1.

Note: If a second test is taken at the same session, the dances must be different.

One Dance Tests

These are tests at Social, Pre-Bronze, Bronze, Silver and Gold standard only in Street Dance. They do not qualify the candidate to enter a full examination at a higher level.

Medal Series

BRONZE 1, 2, SILVER and GOLD

- a) Tests must be passed in sequence from Bronze to Gold. Bronze 2 does not require a higher standard of dancing than Bronze 1.
- b) The Examiner will assess rhythmical ability and musicality, use and co-ordination of arms, feet and body, balance, control and visual appeal.
- c) Candidates moving from one age division to the next may either commence at Bronze or Silver level or may continue their examinations in sequence e.g. Juvenile Silver to Junior Gold.
- d) Candidates may enter for both the Bronze and Silver tests at the same session but different dances must be shown and they taken in the correct order. Each higher test (Gold) must be taken separately.
- e) Candidates who hold the Bronze medal or higher of a teaching organisation recognised by the British Dance Council may commence with the ISTD Silver examination.
- f) In order to use the examination system to best advantage, candidates who have passed the Bronze test should be encouraged to take a second Bronze test showing two different dances and rhythms before moving on to Silver.

Note: - Markers and Prompters

A marker who should not impede the Examiner's view may be used for Bronze and below candidates.

Student Division

Requirements are as for Adult division, but a higher standard of dancing is expected. Student division candidates may commence at Bronze level or at a higher level at the discretion of the teacher. A professional in any dance genre may take Student division tests. Holders of Student medals are NOT eligible to enter adult amateur medallist competitions

Higher Awards -

Must be taken separately and not taken with any other Street Dance level exam at the same session.

Each dance should be a 16 bar routine.

Gold Star 1, 2 and 3:

5 routines should be shown for all Gold Star and above tests and the first dance must be a Warm Up routine. The 3 subsequent routines must be a slow, medium and fast tempi and the 5th dance must be in a pure Street style,

Technique, rhythmical ability, musicality, use and coordination of arms/feet/body, balance, control with visual appeal, character and style will be assessed

There must be an interval of 6 months between Gold Stars (3 months for under 16s). The dancing throughout the Gold Stars and Imperial Dance Awards should show a gradual progression towards the ultimate goal of Supreme Award.

Imperial Dance Award

These are optional awards that follow on from the Gold Stars. The requirements and required interval between tests are as for Gold Star. The dancing throughout the Gold Stars and Imperial Dance Awards should show a gradual progression towards the ultimate goal of Supreme Award.

Supreme Award

Candidates for this prestigious award are expected to show an appropriately high standard of technical accuracy, style and rhythmic expression.

Couples and Crew (Team) Medal Tests - please see page 6.

Street Dance Requirements

Bronze 1	2 dances
Bronze 2	2 dances
Silver	3 dances
Gold*	4 dances
Higher Awards*	5 dances

* Levels marked with an asterisk must include dances of varying style and tempi.

STREET DANCE STYLES

Please note:

Teachers should be mindful that the ‘styles’ and choreography are suitable for the age and ability of their students.

LOCKING

POPPING

Popping as a style also encompasses the following:

ELECTRIC BOOGALOO

ROBOTICS

TICKING

WAVING

Other styles include:

HITTING

STROBING

WHARPING

TUTTING

BREAKING

VOGUEING

OLD WAY

NEW WAY

VOGUE FEMME

WAACKING

HOUSE

HIP HOP STYLES

CONTEMPORARY / ALTERNATIVE HIP HOP

JAZZ FUNK & LYRICAL HIP HOP

ISOLATION HIP HOP

MJ STYLE

GHETTO / URBAN HIP HOP