

GIVE LEARNING A NEW SPIN

at Lee Valley VeloPark



Operated by

BETTER

On behalf of

Lee Valley
Regional Park Authority

CALLING ALL SCHOOLS

Gear up for an action packed adventure guided by qualified British cycling coaches. Check out our exciting activities and exclusive packages on the tracks, trails, road or BMX circuits.

Pedal Up (schools)

The Pedal Up school sessions consists of a full range of fun games and activities to master the FUNdamentals of cycling. Riders will learn to master basic skills such as cornering, braking, generic bike handling, but ultimately having fun and coming away wanting to do more!

For all wider school sessions, students need basic experience of riding a bike to take part so we strongly recommended that schools book Pedal Up sessions prior to booking one of our wider sessions.

BMX

In these coached sessions, students from 7 - 18 years old (Year 3 or above) can navigate the twists and turns of the BMX circuit under the guidance of an expert coach, they'll learn essential biking techniques while having a blast.

Mountain biking

Students from 10 - 18 years old (Year 6 or above), will take on the mountain bike trails with a dedicated coach guiding them to become safe and competent riders. Please note, as part of these sessions one cycling competent teacher must ride.





Road cycling

Safe fun session on our traffic free road circuit awaits students from 10 - 18 years old (Year 6 or above). Depending on ability, students can ride in groups or as a single pack. Students will ride the circuit alongside a coach, and/or cycling competent school teacher on a road or mountain bike.

Track cycling

This is the ultimate cycling experience for those looking to take to the same track as the world's best cyclists. Aimed at students from 11 - 18 years old (Year 7 or above), this session will introduce track cycling with participants taught skills in track centre as well as on the Olympic Track used in London 2012 Games. Please note, during this session the coach will be responsible for students on the track, with the school teacher responsible for students on the track centre.

Tour of the venue

This is the ultimate experience for those looking to soak up the Olympic legacy at Lee Valley VeloPark. Take a tour as you walk and talk around this iconic venue where students will learn about the impact of the London 2012 Games and its enduring legacy. This tour will last about one hour and is for a maximum of 16 students at a time.



EXCLUSIVE PACKAGES

Pedal Up (schools)

£125 per session

BMX

£125 per session

Mountain biking

£125 per session

Road cycling

£125 per session

Track cycling

£150 per session

Tour of the venue

£50 per session

Kit and equipment is included for all participants. These offers are only available for groups and bookable weekdays. Packages are based on the activities taking place on the same day. The venue may withdraw this offer without notice, activities are subject to availability. Each session can have a maximum of 16 students.

For information on our activities and how to book, please contact us today!

Check out educational programmes exploring how the building was created – find out more at visit leevalley.org.uk/education



Email: visitleevalley.org.uk/learning

Tel: 03000 030 616

Lee Valley VeloPark, Abercrombie Rd, Queen Elizabeth Olympic Park, London E20 3AB

*Please note that if the majority of pupils do not meet required standards for the sessions, the coach will stop the specific session and deliver Pedal Up schools activities on a flat area.