"Clean, modern facilities in a historic building, with friendly and helpful staff. Excellent swimming pool."

- David



"The gym is one of the best I've been in. Facilities are good and spacious. There is enough equipment to go around even when very busy!"

- Christina



"Great classes with excellent teachers at a good membership price. On the whole, it's a very well run leisure centre."

Lesley



"I enjoy the friendly people each time I visit and the service is helpful. It's a great place to meet other like-minded people and get fit at the same time."

- Trudy

