

COME AND TRY SOMETHING NEW...

FREE
OPEN DAY

Kentish Town Junior Open Day

Friday 21st of June 4pm to 8pm

Juniors aged 11 to 15 after their induction can use our gym equipment during dedicated Junior Gym times with the supervision of our Fitness Instructors.

Junior Gym from 4pm to 8pm. There will be a fun studio session from 5.30pm to 6pm. Swim activities available from 6.15pm so bring suitable clothes for both!

Water polo and Rookie Lifeguard subject to demand.

If you want to guarantee a place in the studio session or to register interest in one of the swim activities email Daniel.Bank@GLL.ORG in advance.



BETTER
the feel good place