

## Greenwich Centre - Main Pool Programme



		06:30		07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday	Lane 1					Aqua Splash				Water Workout		Swim For Fitness																Swim For Woman & Girls					
	Lane 2					Aqua Splash				Water Workout		Swim For Fitness																Swim For Woman & Girls					
	Lane 3					Aqua Splash				Water Workout		Swim For Fitness																Swim For Woman & Girls					
	Lane 4					Aqua Splash				Water Workout		Swim For Fitness																Swim For Woman & Girls					
	Lane 5	Club								RBG School Lessons				Schools				Aqua Splash				Club		Swim For Woman & Girls									
	Lane 6	Club								RBG School Lessons				Schools				Aqua Splash				Club		Swim For Woman & Girls									
Tuesday	Lane 1					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 2					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 3					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 4					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 5					RBG School Lessons				Schools				Aqua Splash				Club		Swim For Fitness													
	Lane 6					RBG School Lessons				Schools				Aqua Splash				Club		Swim For Fitness													
Wednesday	Lane 1					50+ Swim				Swim For Fitness																Swim For Fitness							
	Lane 2					50+ Swim				Swim For Fitness																Swim For Fitness							
	Lane 3	Club								RBG School Lessons				Schools				Aqua Splash				Club		Swim For Fitness									
	Lane 4	Club								RBG School Lessons				Schools				Aqua Splash				Club		Swim For Fitness									
	Lane 5	Club								RBG School Lessons				Schools				Aqua Splash				Club		Swim For Fitness									
	Lane 6	Club								RBG School Lessons				Schools				Aqua Splash				Club		Swim For Fitness									
Thursday	Lane 1	Club				Aqua Splash				Water Workout		Swim For Fitness																Swim For Fitness					
	Lane 2	Club				Aqua Splash				Water Workout		Swim For Fitness																Swim For Fitness					
	Lane 3					Aqua Splash				Water Workout		Swim For Fitness																Swim For Fitness					
	Lane 4					Aqua Splash				Water Workout		Swim For Fitness																Swim For Fitness					
	Lane 5					RBG School Lessons				Schools				Aqua Splash				BSS Lessons		Swim For Fitness													
	Lane 6					RBG School Lessons				Schools				Aqua Splash				BSS Lessons		Swim For Fitness													
Friday	Lane 1					Aqua Splash				Water Workout		Swim For Fitness				Club																	
	Lane 2					Aqua Splash				Water Workout		Swim For Fitness				Club																	
	Lane 3					Aqua Splash				Water Workout		Swim For Fitness				Club																	
	Lane 4					Aqua Splash				Water Workout		Swim For Fitness				Club																	
	Lane 5	Club				RBG School Lessons				Schools				Aqua Splash				Swimming Lessons		Club													
	Lane 6	Club				RBG School Lessons				Schools				Aqua Splash				Swimming Lessons		Club													
Saturday	Lane 1					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 2					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 3					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 4					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 5					Aqua Splash				Swim For Fitness																Swim For Fitness							
	Lane 6					Aqua Splash				Swim For Fitness																Swim For Fitness							
Sunday	Lane 1					Swim For Fitness				Swim For Fitness				Club																			
	Lane 2					Swim For Fitness				Swim For Fitness				Club																			
	Lane 3					Swim For Fitness				Swim For Fitness				Club																			
	Lane 4					Swim For Fitness				Swim For Fitness				Club																			
	Lane 5					Aqua Splash				Aqua Splash				Club																			
	Lane 6					Aqua Splash				Aqua Splash				Club																			

# Greenwich Centre - Learner Pool Programme



	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday							RBG School Lessons						RBG School Lessons						Swimming Lessons												
							Swimming Lessons																								
							Aqua Splash																								
Tuesday							RBG School Lessons						Swimming Lessons		RBG School Lessons		Aqua Splash		Swimming Lessons												
							Swimming Lessons																								
Wednesday							RBG School Lessons			Tots Waterworld			RBG School Lessons				Aqua Splash		Swimming Lessons												
							Swimming Lessons																								
Thursday							RBG School Lessons			Tots Waterworld					RBG School Lessons		Aqua Splash		Swimming Lessons												
							Swimming Lessons																								
Friday							RBG School Lessons					RBG School Lessons		Aqua Splash																	
							Swimming Lessons									Swimming Lessons															
Saturday				Swimming Lessons											Aqua Splash			Swimming lessons													
Sunday				Club				Aqua Splash							Aqua Splash							Club									