



LIGHT PINEAPPLE JUICE DRINK



- Research by BrandSpark -

A delicious taste of the tropics that is uniquely Dole®.

- Vibrant and Refreshing Flavor
- 60% Less Sugar and Calories⁽¹⁾
- Excellent Source of Vitamin C
- Available in 6 oz. & 46 oz. sizes

non-GMO⁽²⁾



1) When compared to Dole 100% Pineapple Juice.
2) No genetically modified (or engineered) ingredients



**GREAT ON
ITS OWN**
or as an ingredient
in beverages &
smoothies!



GINGER MANGO SMOOTHIE



Prep Time
10 min



Total Time
10 min



Servings
2



Calories/Serving
150

INGREDIENTS

- 1 cup vanilla almond milk
- 1 cup Dole® Light Pineapple Juice
- ¼ cup crystallized ginger, chopped
- 1 tsp fresh ginger, chopped (optional)
- 2 cups frozen Dole Mango Chunks, partially thawed

INSTRUCTIONS

1. Combine almond milk, pineapple juice and gingers in blender or food processor container.
2. Cover; blend until ginger is finely chopped. Add mango, cover; blend until smooth.
3. Serve immediately.



NUTRITION FACTS

Light Pineapple Juice Drink

Ingredients: Water, Pineapple Juice, Natural Pineapple Flavor, Citric Acid, Pectin, Ascorbic Acid (Vitamin C) and Stevia Extract.

Kosher Status	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin C % DV*	Vitamin D % DV*	Potassium % DV*	Calcium % DV*	Iron % DV*
U	6 oz.	40	0	0	0	50	10	0	9	0	0	110	0	2	0	2

* Percentages based on the daily value of a 2000 calorie diet.

CASE SPECIFICATIONS

	Case UPC	Pack/Size	Case Dimensions	Case Weight		Case Cube	Per Case Pallet
				Net	Gross		
Light Pineapple Juice Drink - 6 oz.	100-38900-00918-9	8/6/6 oz.	13.313" x 8.875" x 8.000"	18.00 lb.	25.00 lb.	0.547	75
Light Pineapple Juice Drink - 46 oz.	100-38900-00920-2	6/46 oz.	8.8583" x 13.1890" x 7.008"	18.10 lb.	20.94 lb.	0.473	90

Visit www.dolefoodservice.com/canned-juice to learn more call 1-800-462-7706 to speak to a Dole representative.



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UNIVERSITY**

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